

West Elementary



“PE Shorts” Newsletter

Hey West El Wildcats- we'd like to share some exciting national activities with you that students from all over the US and the world will be taking part in. Participation is optional but remember the more activity- the better you will feel. Stay active and stay healthy



Play 60 Challenge

In effort to keep our West Seneca community healthy during this time, we are excited to share with you the launch of the 2020 Buffalo Bills Spring Play 60 Challenge. Children are challenged to engage in 60 minutes of exercise each day!

This challenge will be open to all kids ages 18 and under.

- *Parents are asked to register their child and track their child's weekly physical activity starting April 6 through May 3, 2020.*
- *If the child participates in 60 minutes each day and submits their weekly challenge form online by Friday, May 8th they will receive an exclusive digital Bills Play 60 Poster.*
- *Participants will be eligible to win one of the 5 following autographed items: Micah Hyde jersey, Tremaine Edmunds helmet, Josh Allen football, Ed Oliver mini helmet, and Dion Dawkins cleat.*

REGISTRATION LINK AND ADDITIONAL INFORMATION:

<https://www.buffalobills.com/community/play-60-challenge>



Dear Families,

We're excited to announce that our school community will be participating in the OPEN National Field Day event on **Friday, May 8th**!

Field Day is an important tradition at our school. It is a significant day for our students and our staff, and we feel that in these incredibly challenging times this national event is a unique way that we can stay connected as a community and support one another in a fun and meaningful way.

OPEN (Online Physical Education Network) is a national public service organization that provides curriculum and training support to more than 90,000 teachers in all 50 states. We will be using their resources and social media network to help us organize our school's participation in [#NationalFieldDay](#).

All [#NationalFieldDay](#) events are designed to be done indoors or outdoors using common household items. You won't be asked to purchase any specialized equipment or supplies.

Here's how it will work:

- Our school is now registered as a participant in this event. Families can choose to register as well, but it's not a requirement.
- The event website is www.openphysed.org/nationalfieldday.
- As a part of registration, we will receive Field Day Friday email updates each week with new resources that we will share with you.
- You can also find updates via social media using [#NationalFieldDay](#).
- By April 17 your family will receive a set of event cards that you can use to begin practicing. You will also receive a participant practice sheet for tracking progress.
- Your family will be asked to choose a minimum of 4 events to complete on Field Day. However, you may complete as many events as you'd like to.
- From May 3 thru 7, we will follow [#NationalFieldDay](#) and watch the Field Day Torch travel across the country in preparation for the main event.
- On May 8, our entire school will participate in events, complete an official score card, share photos and videos through our school's approved platforms/website/email/[facebook](#) page, and participate nationally on social media using [#NationalFieldDay](#).
- After the event, your student may submit their scorecard via Google Drive (or other school approved method- website/email/[facebook](#)) to their physical education teacher.
- Every student that completes at least 4 events will receive an OPEN National Field Day certificate.

We will continue to send you weekly updates on this fun and festive event. We appreciate your cooperation and are hopeful that your entire family will use it as a fun and meaningful way to be physically active together and with our entire school community.

2020 EVENT INFORMATION OPENPhysEd.org

WHEN:
May 8, 2020 (Friday)

WHO:
Our students, staff, and school community will join the entire nation as we celebrate the OPEN National Field Day.

WHERE:

- Your Home
- Our School's Online Tools
- #NationalFieldDay on Social Media

More information at
openphysed.org/nationalfieldday

WHY:

- Field Day is an important part of our school year. We all look forward to this festive day of celebration.
- We want to help our schools, students and families feel a sense of consistency and give everyone an opportunity to reconnect through a positive event.
- We all need opportunities to maintain positive connections to our schools and to one another.
- We love field day and can't stand the thought of it being canceled!

HOW:

- By April 24th you will receive Field Day Event Cards and OPEN Practice Plans to help you prepare for the big event.
- All events use common items found around the house.
- By May 1st you will receive a Field Day Prep Guide to help you gather equipment and supplies.
- On May 8th families will complete selected events, record their scores, and report their participation back to their student's physical educator.
- All students and families who participate will receive a National Field Day Certificate from the physical education staff.

Register today to get Friday Field Day e-Newsletters
www.OPENPhysEd.org/NationalFieldDay

Commemorate Your Participation in the OPEN National Field Day



Order Online for ship-to-home.

www.bsnteamssports.com/shop/NFD2020

Schools and Parent Organizations get
discounted pricing for quantities of 100 or more.

Event Timeline

- April 10 (Fri) Friday Field Day Email (More Info)
- April 13 (Mon) Deadline to order Field Day T-shirts
- April 17 (Fri) Friday Field Day Email (Event Cards)
- April 24 (Fri) Friday Field Day Email (Practice Pack)
- May 1 (Fri) Final Friday Field Day Email (Prep Kit)
- May 3-7 (Sun-Thurs) Torch Run
- May 7 (Thurs) OPENING Ceremonies
- May 8 (Fri) OPEN National Field Day

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If you have any questions regarding the above activities or any other questions about activities on the West Elementary PE website: <https://www.wscschools.org/Page/20799> or the West Elementary Facebook page: <https://www.facebook.com/WEPEWSCSD/> please contact one of our amazing PE teachers. Feel free to send pictures or videos of your child participating in any of our posted activities. We'd love to see the kids being active. Stay safe- stay active- stay well. We miss you all. Mrs. Bell- Mr. Gregoire- Miss Potter- Mr. Behm

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