



# 2025 RECREATION AND LEISURE DIRECTORY



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# **THE RECREATION & LEISURE SERVICES DIRECTORY**

2025

The Recreation & Leisure Services Directory is a resource for individuals with disabilities and their families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the Western New York community but have not been personally verified as to their cost and quality. It is best to call the program with any specific questions.

Enjoy your adventures. Play, laugh and dance once a day.

Recreationally,

Kimberly Kadziolka

Parent Network of Western New York

**To order more copies of the directory please call (716) 332-4170**

For a downloadable version of the directory visit  
[www.parentnetworkwny.org](http://www.parentnetworkwny.org)

Supporting families and professionals to empower individuals with disabilities to reach their full potential.

# Thank you

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<b><i>12755 BROADWAY</i></b>	<b><i>ALDEN</i></b>
<b><i>2156 NIAGARA ST</i></b>	<b><i>BUFFALO</i></b>
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who relies on child care.**



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your child care needs at 716-877-6666

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## ART PROGRAMS

### **Arts for Learning WNY**

**Email:** [info@artsforlearningwny.org](mailto:info@artsforlearningwny.org)

**Phone:** (716) 881-0917

**Address:** 1 Lafayette Square, 2nd Floor, Buffalo 14203

**Ages:** all ages

**Cost:** varies

**Dates:** Monday through Friday

**Time:** 9 am to 5 pm

**Activities:** Arts for Learning WNY's mission is to inspire, expand learning, and strengthen our community through engagement with the arts. Offers workshops, residencies and assembly performances.

**Website:** [www.artsforlearningwny.org](http://www.artsforlearningwny.org)

### **Intandem - Fine Arts Program**

**Email:** [info@intandem.org](mailto:info@intandem.org)

**Phone:** (716) 375-4747

**Address:** 1439 Buffalo Street, Olean 14760

**Ages:** adults

**Criteria:** Available to people with developmental or intellectual disabilities in Niagara and Cattaraugus Counties.

**Activities:** Our day-habitation locations in Niagara and Cattaraugus Counties offer daily classes and activities in music, movement, theatre, painting, fiber arts, printmaking, mixed media, collage, jewelry making, papier-mâché, and so much more. Grants provide opportunities to explore different mediums such as ceramics, glass fusing, and mural making. This aid also allows us to welcome guest performers and teaching artists to our spaces, all the while supporting our efforts to expand the availability of the arts, and arts engagement, in the communities where we live and work.

**Wheelchair Accessible:** Yes

**Website:** <https://www.intandem.org/programs-support/fine-arts-program/>

## Museums for All

Free or reduced admission for those receiving food assistance and presenting an EBT card and photo ID. Search website for participating locations.

Website: [www.museums4all.org](http://www.museums4all.org)

## FAMILY ACTIVITIES

### Animal Adventures

#### Aquarium of Niagara Falls

**Email:** [info@aquariumofniagara.org](mailto:info@aquariumofniagara.org)

**Phone:** (716) 285-3575

**Address:** 701 Whirlpool St., Niagara Falls 14301

**Ages:** All ages

**Cost:** Adults \$25, seniors 60+ \$23, children ages 3-12 \$18, infants free

**Dates:** Year round.

**Time:** Monday - Thursday 9 am - 3 pm; Friday through Sunday 9 am to 5 pm.

**Activities:** With our community and partners, we celebrate our natural wonders and inspire people to make a difference for aquatic life.

#### **\*\*Au-some Aquarium**

**Email:** [education@aquariumofniagara.org](mailto:education@aquariumofniagara.org)

**Phone:** (716) 285-3575 Ext 20

**Cost:** free, registration required

**Ages:** all ages **Cost:** free, registration required

**Dates:** Check website for more details; **Time:** 6 - 8 pm

**Activities:** Sensory friendly environment where families with children on the autism spectrum can meet. Touch tank, art activities, info and gluten free snacks are provided.

**Wheelchair Accessible:** yes

**Website:** [aquariumofniagara.org](http://aquariumofniagara.org)

#### Bird Kingdom

**Email:** [info@birdkingdom.ca](mailto:info@birdkingdom.ca)

**Phone:** (905) 356-8888 or (866) 994-0090

**Address:** 5651 River Road, Niagara Falls L2D 7M7

**Ages:** all ages **Cost:** \$19.95 per adult, from 13.95 per child (Canadian dollars)

**Dates:** all year round **Time:** 9:30 am to 5:00 pm (last admission is 4:00 pm)

**Activities:** Bird Kingdom is the World's Largest Free-Flying Indoor Aviary. Discover hundreds of tropical birds as you explore the pathways throughout the multi-level rainforest. Meet friendly parrots and exotic animals at Bird Kingdom's Animal Encounters.

**Wheelchair Accessible:** Yes

**Website:** <https://www.birdkingdom.ca/>



## **Buffalo Zoo**

**Phone:** (716) 837-3900

**Address:** 300 Parkside Ave., Buffalo 14214

**Ages:** all ages

**Cost:** \$21.95 13-64; \$15.95 2-12; seniors 65+ \$18.95; under 2 years free.

**Dates:** year round

**Time:** 10-4 daily (Grounds close at 5pm)

**Activities:** Social story and sensory bag available on request. Must provide license to borrow sensory bag.

**Wheelchair Accessible:** Yes

**Website:** [buffalozoo.org](http://buffalozoo.org)

## **Butterfly Conservatory**

**Address:** 2565 Niagara Parkway, Niagara Falls, Ontario, Canada

**Ages:** All ages

**Cost:** Adult (13+ years) \$20; Child (3-12 years) \$13 and (2 & Under) free (Canadian dollars)

**Dates:** Sunday - Saturday

**Time:** 10 am to 5 pm, til 6 pm on Saturday

**Activities:** Make your way through 180 meters of meandering pathways surrounded by towering tropical plants and gorgeous blooms. This tropical oasis is yours to explore! You'll find feeding trays where butterflies gather for an up-close look, specially curated blooms that attract these fascinating creatures, and a picturesque waterfall creating a virtual rain forest atmosphere.

**Website:** <https://www.niagaraparks.com/visit/attractions/butterfly-conservatory/>

## **Hidden Valley Animal Adventure**

**Phone:** (585) 535-4100

**Address:** 2887 Royce Road, Varysburg, NY 14167

**Cost:** \$21.95 13-64; \$15.95 2-12; seniors 65+ \$18.95; under 2 years free.

**Dates:** May 3, 2025 - October 13, 2025

**Time:** 10:30 am - 3:30 pm, weekends only May 3-May 26 and Labor Day through October 13

**Activities:** Bus guided tours, Self-drive tour, small animal walk-through

**Website:** [www.hiddenvalleyadventure.com](http://www.hiddenvalleyadventure.com)

## Boating

### Chautauqua Belle

**Email:** thechautauquabelle@gmail.com

**Phone:** (716) 269-2355

**Address:** Mayville Dock - 78 Water Street, Mayville 14757; Jamestown Dock - 14 Jones & Gifford Avenue, Jamestown NY 14701, Mayville 14757

**Ages:** all ages

**Cost:** \$32.50 adults; \$10 age 3-12; 2 and under free

**Dates:** Seasonal

**Activities:** Join us for a round-trip experiential boat ride touring the Chadakoin River and South end of Chautauqua Lake, regaling you with tales from the late 1800's.

**Wheelchair Accessible:** yes

**Website:** 269belle.com **Gardens**

### Buffalo Botanical Gardens - Erie County

**Email:** info@buffalogardens.com

**Phone:** (716) 827-1584

**Address:** 2655 South Park Avenue, Lackawanna 14218

**Ages:** all ages

**Cost:** \$18 Adults, \$16 Seniors (62+) and students (13+), students and children 3-12 \$9.50, Kids 2 and under free

**Dates:** Year round, Sunday-Saturday, closed on holidays

**Time:** 10 am - 4pm

**Activities:** The Buffalo Botanical Gardens is a premier cultural destination that engages visitors through a distinct and unique plant collection.

**Wheelchair Accessible:** Yes

**Website:** www.buffalogardens.com

## Gym

### Family Gym Night

**Email:** recreation@villageoflewiston.net

**Phone:** (716) 754-1990

**Address:** 145 N. 4th Street (Onondaga St. entrance), Lewiston 14092

**Ages:** Families with children 8th grade and younger **Cost:** Free

**Criteria:** Time slots available in 45 minute increments. Registration required.

**Activities:** A space where children and their parents have time and room to interact with one another. It is appropriate for children with varying levels of disabilities but parents are expected to stay with their child.

**Website:** villageoflewiston.net

## Movies

### AMC Theaters

**Phone:** (716) 833-9545

**Address:** AMC Maple Ridge 8, 4276 Maple Road, Suite C, Amherst 14226

**Cost:** Normal ticket pricing

**Dates:** 2nd and 4th Saturday (families) and Wednesday evenings for mature audiences.

Time: check website for viewing times

**Wheelchair Accessible:** Yes

**Website:** [www.amctheaters.com/programs/sensory-friendly-films](http://www.amctheaters.com/programs/sensory-friendly-films)

### Sensory Friendly Films at FLIX 10

**Email:** [larry@dipsontheatres.com](mailto:larry@dipsontheatres.com)

**Phone:** (716) 668-1888

**Address:** 4901 Transit Rd., Depew 14043

**Cost:** \$11 for both children and adults

**Dates:** First Saturday of each month

**Activities:** The lights will be left on and the sound will be turned down. A raffle will be held at each screening.

**Wheelchair Accessible:** Yes

**Website:** <https://flix10.dipsontheatres.com/content/Sensory+Friendly+Family+Film+Series>

## Museums

### Arcade & Attica Railroad

**Email:** [arcadeandatticarr@yahoo.com](mailto:arcadeandatticarr@yahoo.com)

**Phone:** (585) 492-3100

Address: 278 Main Street, Arcade 14009

**Dates:** Regular excursions run every weekend from Memorial Day weekend until the last full weekend of December. The month of October is Fall foliage month and an extended schedule is available.

**Activities:** Offering seasonal passenger excursions by one of their two World War II era diesel electric locomotives.

**Wheelchair Accessible:** Yes

**Website:** [www.aarailroad.com](http://www.aarailroad.com)

### **Buffalo & Erie County Naval & Military Park**

**Contact:** Paul Marzello, Sr.

**Email:** info@buffalonaivalpark.org **Phone:** (716) 847-1773

**Address:** One Naval Park Cove, Buffalo 14202

**Cost:** Adult \$23.00, Youth \$15.00, Senior \$18.00, Veterans \$16.00. Age 4 and under FREE.

**Dates:** Late March through End of November

**Time:** 10 am - 5 pm March - September, 10 am - 4 pm October -November

**Criteria:** When touring most areas of the ships, visitors should expect to traverse narrow passageways, be able to step over significantly raised thresholds, and climb up and down very steep ladders.

**Activities:** A top family destination in Western New York, located on the waterfront in downtown Buffalo. The military park is the largest inland naval park in the country.

**Wheelchair Accessible:** No

**Website:** www.buffalonaivalpark.org

### **Buffalo Fire Historical Society**

**Email:** bfhsmuseum@verizon.net **Phone:** (716) 892-8400

**Address:** 1850 William Street, Buffalo 14206

**Ages:** all ages **Cost:** free

**Dates:** Saturdays by appointment **Time:** 10 am - 4 pm

**Activities:** The society's mission is to collect, preserve, exhibit and provide access to information and artifacts relating to the firefighting profession in general, fire safety and fire prevention; and to teach the public about these subjects.

**Wheelchair Accessible:** Yes

**Website:** www.bfhsmuseum.com

### **Buffalo History Museum**

**Contact:** Kelsey Reed

**Email:** kreed@buffalohistory.org **Phone:** (716) 873-9644

**Address:** 1 Museum Court, Buffalo 14216 **Ages:** all ages

**Cost:** The Museum is offering Pay What You Wish admission, recommended admission is \$12 per person. Library appointments are \$15 and free for members. Admission FREE on M&T Third Fridays. **Time:** Wednesday - Saturday 10 am - 5 pm, Sunday 12 - 5pm

**Activities:** Major collections include the Holland Land Company, President Millard Fillmore, Seneca Indians, Buffalo Bills, the Pan-American Exposition, the Larkin Company, and more.

**Wheelchair Accessible:** Yes

**Website:** www.buffalohistory.org

### **Buffalo Museum of Science**

**Contact:** Marisa Wigglesworth

**Phone:** (716) 896-5200

**Address:** 1020 Humboldt Parkway, Buffalo 14211

**Ages:** all ages

**Cost:** Adults \$19, Seniors 62+ \$17, Students & Military w. ID \$16, Children 2-17 \$17, Members and Children under 2 free

**Dates:** all year round

**Time:** Monday to Sunday 10 am-4 pm; Weds 10 am-9 pm

**Activities:** Since 2010, the BMS has been on an aggressive path to renovate all of the museum's permanent exhibit experiences, transforming its former diorama-based exhibits into eight highly interactive and immersive science studio exhibit spaces.

**Wheelchair Accessible:** Yes

**Website:** [www.sciencebuff.org](http://www.sciencebuff.org)

### **Buffalo Niagara Heritage Village**

**Email:** [guestservices@bnhv.org](mailto:guestservices@bnhv.org)

**Phone:** (716) 689-1440

**Address:** 3755 Tonawanda Creek Road, West Amherst 14228

**Ages:** all ages

**Dates:** May through September. Check website for special events.

**Activities:** Our mission is to preserve, interpret, and exhibit the agricultural history and rural heritage of the Buffalo Niagara region.

**Website:** [www.bnhv.org/bnhv-events](http://www.bnhv.org/bnhv-events)

### **Chautauqua Institution**

**Email:** [ticketoffice@chq.org](mailto:ticketoffice@chq.org)

**Phone:** 1-800-836-ARTS (2787)

**Address:** One Ames Avenue, Chautauqua 14722

**Dates:** seasonal

**Time:** Welcome Center - Tuesday-Friday 10:00 am - 4:00 pm

**Activities:** Chautauqua is dedicated to the exploration of the best in human values and the enrichment of life through a program that explores the important religious, social and political issues of our times; stimulates provocative, thoughtful involvement of individuals and families in creative response to such issues; and promotes excellence and creativity in the appreciation, performance and teaching of the arts.

**Wheelchair Accessible:** yes

**Website:** [chq.org](http://chq.org)

### **Darwin R. Barker Historical Museum**

**Contact:** Sara Hart

**Phone:** (716) 672-2114

**Address:** 7 Day Street, Fredonia 14063

**Ages:** all ages

**Dates/Time:** Tuesdays 4-8 pm, Fridays and Saturdays 1-5 pm

**Activities:** The Barker Historical Museum is located in the heart of Fredonia, New York. The Museum includes an archive, two research libraries, and rotating exhibitions.

**Website:** [www.barkermuseum.org](http://www.barkermuseum.org)

### **Dunkirk Historical Museum**

**Email:** [contact@dunkirkhistoricalmuseum.org](mailto:contact@dunkirkhistoricalmuseum.org)

**Phone:** (716) 366-3797

**Address:** 513 Washington Avenue, Dunkirk 14048

**Ages:** all

**Dates:** Monday, Wednesday and Friday **Time:** 9 am - 12 pm

**Activities:** Provides arts programs to its diverse cultural and ethnic community, including artistic expressions focusing on storytelling, quilting, painting, photography, puppetry, pottery, dancing and music, all of these seeking to improve the communication .

**Website:** [www.dunkirkhistoricalmuseum.org](http://www.dunkirkhistoricalmuseum.org)

### **Explore & More Children's Museum**

**Phone:** (716) 655-5131 **Address:** 130 Main Street, Buffalo 14202

**Ages:** birth to 12 years **Cost:** ages 1 & up \$15, under 1 FREE

**Dates:** Open Play Wednesday -Sunday **Time:** 10 am to 4 pm

**Activities:** Through three-floors of educational play zones, this community-focused museum is the only children's museum FOR and ABOUT Western New York, paying homage to the very attributes that make us so proud to be from this unique region.

**Website:** [www.exploreandmore.org](http://www.exploreandmore.org)

#### **\*Au-Some Evenings at Explore & More Museum**

**Email:** [accessibility@exploreandmore.org](mailto:accessibility@exploreandmore.org) **Ages:** all ages **Cost:** Free

**Dates:** 2nd Friday of month **Time:** 5:30 - 7:30 **Criteria:** Registration req.

**Activities:** In addition to a fun night of play with access to the museum space and exhibits, we have special programming for families! The evening features themed Art Studio projects, sensory exploration in our Tinkering Tank, therapy animals from the SPCA and student volunteers from SUNY Buffalo State's Exceptional Education program.

**Website:** <https://exploreandmore.org/education/au-some-evenings/#register-now>

**Wheelchair Accessible:** Yes

## **Genesee Country Village & Museum**

**Contact:** Elizabeth A. Wehle **Email:** info@gcv.org

**Phone:** (585) 538-6822

**Address:** 1410 Flint Hill Road, Mumford 14511

**Cost:** Adults \$11, Youth (3-12) - \$8 and children under 3 are free. Also part of the Museums for All.

**Dates:** Winter weekends January 11 - March 16. May1 - August 31 -

Wednesday through Sundays. September 11-November 13 Friday - Sunday

**Time:** 11 am to 3 pm Winter; May 1 - August 31 10 am to 4 pm. September 11 - October 12 10 am - 4 pm. October 17-November 14 11 am to 3 pm.

**Activities:** The mission is to inspire excitement and curiosity about the past and an appreciation for its relevance today. Visitors experience how life in small towns has changed over time through engaging and enjoyable encounters.

Wheelchair access, ASL interpretation, audio tour, a sensory guide and braille menus are available. A trolley is available many weekends and guest transport can be provided if requested.

**Wheelchair Accessible:** yes

**Website:** www.gcv.org

## **Herschel Carousel Factory Museum**

**Email:** info@carrouselmuseum.org **Phone:** (716) 693-1885

**Address:** 180 Thompson Street, North Tonawanda 14120 **Ages:** all ages

**Cost:** Adult \$12, Students \$9, Seniors \$9, Children 2-16 \$6 and under 2 are free.

**Dates:** April 5, 2025 - December 30, 2025.

**Time:** Wednesdays - Sundays 10am - 4pm

**Activities:** A premier national historic site and community resource for providing family recreation and learning that fosters an appreciation for the unique heritage of the carousel and related industries in the Niagara Region. Admission includes two ride tokens.

**Website:** www.carrouselmuseum.org

## **Jell-O Gallery Museum**

**Email:** jellohistory@gmail.com **Phone:** (585) 768-7433

**Address:** 23 E. Main Street, Le Roy 14482

**Ages:** all ages **Cost:** Adults \$6, Children age 6-11 \$1.50, Age 5 and under FREE

**Dates:** May - December

**Time:** Thursdays - Saturdays 10 am - 4 pm, Sunday 1 - 4 pm

**Activities:** Follow the JELL-O brick road to the JELL-O Gallery and see where it all began! JELL-O was invented here in Genesee County in 1897 and this museum is dedicated to all things JELL-O, including the history and marketing of "America's Most Famous Dessert."

**Website:** jellogallery.org

### **Maid of the Mist**

**Phone:** (716) 284-8897

**Address:** 1 Prospect St., Niagara Falls 14303

**Cost:** \$30.25 adults; \$19.75 age 6-12; age 5 and under free with paid adult

**Dates:** Season starts May 18, 2025

**Time:** Check website for details

**Activities:** A Maid of the Mist boat tour is perfect for groups of all sizes.

**Wheelchair Accessible:** Yes

**Website:** [maidofthemist.com](http://maidofthemist.com)

### **Medina Railroad Museum**

**Contact:** Janien Klotzbach

**Email:** [medinarailroad@gmail.com](mailto:medinarailroad@gmail.com)

**Phone:** (585) 798-6106 for tickets: (716) 948-0505

**Address:** 530 West Avenue, Medina 14103

**Cost:** Adults \$9, Seniors \$8, Children under 18 \$7, Under 2 are free

**Dates:** Wednesday through Sunday

**Time:** 10 am - 5 pm

**Activities:** Your Train Ticket also allows entry into our huge Train Museum. Our museum is filled with railroad artifacts. It has one of the biggest model-train layouts in the country. Check website for special events.

**Website:** [www.medinarailroad.com](http://www.medinarailroad.com)

### **Penn Dixie Fossil Park & Nature Reserve**

**Contact:** Sarah Einhouse

**Email:** [sepenndixie@gmail.com](mailto:sepenndixie@gmail.com)

**Phone:** (716) 627-4560

**Address:** 4050 North Street, Blasdell 14219

**Cost:** Adults \$17; Seniors (62+) \$16 students and military \$16, children 3-17 \$14, members and children under 3 are free.

**Dates:** Open weekends May - September; weekdays mid June - Labor Day

**Time:** 9:00 am to 4:30 pm

**Activities:** This classic geologic 54-acre site has been ranked the No.1 Fossil Park in the United States and provides opportunities to collect and keep all the fossils you find.

**Wheelchair Accessible:** Yes

**Website:** [www.penndixie.org](http://www.penndixie.org)



## **Strong National Museum of Play**

**Email:** [info@museumofplay.org](mailto:info@museumofplay.org)

**Phone:** (585) 263-2700 **Address:** One Manhattan Square, Rochester 14607

**Cost:** Basic admissions for adults and children 2-15 \$25. Friday evenings are 1/2 price. Butterfly Garden and Skyline are add-ons to the basic admission.

**Dates:** Open daily **Time:** 10am - 5pm, open til 8 pm in Friday and Saturdays

**Activities:** The Strong is a highly interactive, collections-based educational institution devoted to the study and exploration of play. The Strong explores play in order to encourage learning, creativity, and discovery and to illuminate the American experience in particular and human experience in general.

**Wheelchair Accessible:** Yes

**Website:** [www.museumofplay.org](http://www.museumofplay.org)

## **Theater**

### **Alleyway Theatre**

**Email:** [email@alleyway.com](mailto:email@alleyway.com)

**Phone:** (716) 852-2600

**Address:** One Curtain Up Alley, Buffalo 14202

**Cost:** varies

**Time:** year round

**Activities:** A professional theatre company and collaborative incubator for bold, visceral new theatre. Education & development programs foster the talents of emergent artists from Western New York and beyond ... embracing fearlessness, theatricality, humanity, & authenticity.

**Wheelchair Accessible:** Yes

**Website:** [alleyway.com](http://alleyway.com)

### **Buffalo State Performing Arts Center - Rockwell Hall**

**Email:** [rhpac@buffalostate.edu](mailto:rhpac@buffalostate.edu)

**Phone:** (716) 878-3005

**Address:** 1300 Elmwood Avenue, Buffalo 14222

**Activities:** The arts are the heart of a community. The Performing Arts Center (PAC), with more than 180 events and 50,000 patrons a year, is proud of the contribution it makes to the cultural vitality of SUNY Buffalo State and Western New York.

**Wheelchair Accessible:** Yes

**Website:** [www.buffalostatepac.org](http://www.buffalostatepac.org)



CradleBeach.org

716-549-6307  
ext. 205



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- Dance
- Sensory Room
- Living Classrooms (STEM)
- Archery
- Educational Programs

Children ages 8-17  
can attend two  
sessions in July  
and August!



## **Irish Classical Theatre**

**Phone:** (716) 853-4282

**Address:** 625 Main Street, Buffalo 14203

**Ages:** varies

**Cost:** Check website for current schedule

**Activities:** The Irish Classical Theatre Company is a performing arts theatre located in Buffalo, NY. It presents outstanding productions at The Andrews Theatre, Western New York's only true theatre-in-the-round. In this intimate setting, you're never more than 12 feet from the stage.

**Wheelchair Accessible:** Yes

**Website:** [www.irishclassical.com](http://www.irishclassical.com)

## **Musicalfare Theatre**

**Email:** [musicalfare@daemen.edu](mailto:musicalfare@daemen.edu)

**Phone:** (716) 839-8540

**Address:** 4380 Main St., Ste 123 (c/o Daemen College); Moving Fall of 2025 - Shea's 710 Theatre, Amherst 14226

**Activities:** MusicalFare Theatre is a not-for-profit professional musical theatre company dedicated to becoming a significant regional theatre with national prominence by developing and presenting world premiere musicals, re-imagined classic musicals and regional premieres.

**Website:** [musicalfare.com](http://musicalfare.com)

## **Shakespeare in the Park**

**Contact:** Saul Elkin

**Email:** [info@shakespeareindelawarepark.org](mailto:info@shakespeareindelawarepark.org)

**Phone:** (716) 856-4533

**Address:** Delaware Park - 199 Lincoln Parkway, Buffalo 14222

Level seating by the sound stage on a first come first serve basis.

**Cost:** Free (Donations accepted)

**Dates:** Twelfth Night - June 19 - July 13, 2025; Richard III - July 24 - August 17, 2025.

**Criteria:** Come Celebrate Shakespeare in the Park's 50th Season in 2025!

**Activities:** Shakespeare in Delaware Park is a not-for-profit professional theatre company that provides free, high-quality public theatre to enrich, educate, and entertain diverse audiences through the works of William Shakespeare.

**Wheelchair Accessible:** No

**Website:** [shakespeareindelawarepark.org](http://shakespeareindelawarepark.org)

### **Shea's Performing Arts Center**

**Phone:** (716) 847-1410

**Address:** 646 Main Street, Buffalo 14202

**Activities:** To restore and maintain Shea's Buffalo Theatre for present and future generations to enjoy as a working historic theatre providing a wide variety of live performing arts experiences for our patrons and innovative and effective educational experiences fostering an appreciation of live theatre by area youth.

**Wheelchair Accessible:** No

**Website:** [www.sheas.org](http://www.sheas.org)

### **Theatre of Youth Sensory Performance Series**

**Contact:** Kayla

**Email:** [admin@theatreofyouth.org](mailto:admin@theatreofyouth.org) **Phone:** (716) 884-4400 x304

**Address:** 203 Allen Street, Buffalo 14201

**Ages:** all ages **Cost:** \$5

**Dates/Times:** Check website for events - Spring 2025 - Don't Let the Pidgeon Drive the Bus! The Musical! May 4th @ 10 am

**Criteria:** Noise muffling headsets and a calming space are available. **Activities:** Theatre of Youth (TOY) welcomes you to enjoy a performance in a sensory-friendly environment. Your children can sit where they are most comfortable and move around as they need, all while enjoying the magic of live theatre.

**Wheelchair Accessible:** Yes

**Website:** <https://theatreofyouth.org/sensory-friendly/>

### **Unique Theatre Company**

**Contact:** Beth Geyer

**Email:** [suzunique@gmail.com](mailto:suzunique@gmail.com) **Phone:** (716) 982-7755

**Address:** 545 Elmwood Avenue, Buffalo 14222

**Ages:** All ages depending on needs of the theatre **Dates:** Varies

**Criteria:** Unique Theatre Co. enlists local actors to work with people of all abilities. We provide experience with backstage work, playwriting, costume and set design as well as acting. Our shows are performed annually, and our classes are held throughout the year

**Website:** [uniquetheatrecompany.com](http://uniquetheatrecompany.com)

## MUSIC, DANCE & DRAMA

### Arts

#### Art Park of Lewiston

**Email:** boxoffice@artpark.net

**Phone:** (716) 754-4375 box office/ (716) 754-9000 administration

**Address:** 450 South 4th Street, Lewiston 14092

**Ages:** all ages; **Cost:** varies **Dates:** Various throughout the year.

**Time:** Mon-Fri 10am-4pm, park/trails - dawn to dusk

**Activities:** Artpark & Company fosters a transformative world of artistic engagement that explores the human experience, cultivates creativity, and encourages curiosity. Our work is informed by a long tradition of discovery, an expectation of artistic excellence, and an awareness of the inspiration of singular natural splendor.

**Wheelchair Accessible:** Yes

**Website:** artpark.net

### Dance

#### Danceability, Inc.

**Email:** danceabilitywny@gmail.com

**Phone:** (716) 651-0094

**Address:** 3859 George Urban Blvd., Suite 600, Cheektowaga 14225

**Ages:** 3+ **Cost:** Varies by program. Self Direction budget accepted.

**Dates:** September through May **Time:** 3-8 pm

**Criteria:** Willingness to move with music to promote physical, social, and emotional wellness. Dance & Movement classes, Full season fitness frenzy, 6-week caregiver & me and 6 week theater classes.

**Activities:** Danceability is an individualized dance, fitness and movement program serving the special needs community. Our studio is led by qualified staff and dedicated volunteers who create a nurturing environment that empowers our students to flourish and grow while promoting a healthy lifestyle and we have a little fun along the way.

**Wheelchair Accessible:** Yes

**Website:** www.danceabilityinc.org

### **Graceful & Gifted Dance Program**

**Email:** [timetodancestudionf@gmail.com](mailto:timetodancestudionf@gmail.com)

**Phone:** (716) 946-7909

**Address:** 2423 Hyde Park Blvd., Niagara Falls 14305

**Ages:** All ages **Dates:** Tuesdays **Time:** Various

**Activities:** Our vision is to create an inclusive and welcoming studio where everyone can access the magic of dance. Our dance program utilizes dance movement therapy. Classes are offered for ambulatory and non-ambulatory individuals.

**Website:** [timetodancestudios.com/classes/graceful-gifted](http://timetodancestudios.com/classes/graceful-gifted)

### **Moving Miracles Dance Program (Division of Sasi)**

**Email:** [info@movingmiracles.org](mailto:info@movingmiracles.org) **Phone:** (716) 656-1321

**Address:** 954 Union Road Suite 1, West Seneca 14224

**Ages:** 16+ **Cost:** Cost varies by class; monthly payment options available.

**Dates:** Full time program begins in September and runs through May. Dates and times depend on your choice of program.

**Criteria:** We provide supervised, personalized exercise programs for teens and adults with special needs that are designed to be fun and effective, in a supportive environment.

**Activities:** The program curriculum targets resistance, endurance and cardio training resulting in distinct physical, cognitive, social & developmental benefits.

**Wheelchair Accessible:** Yes

**Website:** [www.movingmiracles.org](http://www.movingmiracles.org)

### **Star Legacy Dance Class**

**Email:** [legacydance17@gmail.com](mailto:legacydance17@gmail.com)

**Phone:** (716) 299-0146

**Address:** 7502 Porter Road, Niagara Falls 14301

**Ages:** Ages 5 and up

**Cost:** Sliding scale

**Dates:** September - May

**Time:** Monday - Friday 4:30 pm-8pm

**Criteria:** Children with intellectual disabilities

**Activities:** To help children express themselves through music and movement.

**Website:** [legacydancewny.com](http://legacydancewny.com)

## Music

### **BPO Kids for Exceptional Kids**

**Contact:** rpudlewski@bpo.com

**Email:** rpudlewski@bpo.com

**Phone:** (716) 242-7822

**Address:** 3 Symphony Circle, Buffalo 14201

**Ages:** all ages

**Cost:** Check website for updated pricing

**Dates:** Check website for events

**Activities:** BPO Kids for Exceptional Kids works to make the BPO Kids family concerts more acceptable and comfortable for all children, specifically those with autism spectrum disorders.

**Wheelchair Accessible:** Yes

**Website:** bpo.org

### **Buffalo Niagara Music Therapy Services**

**Contact:** Elyse Kochmanski

**Email:** ekochmanski@bnmusictherapy.com

**Phone:** (716) 243-2776

**Address:** 2211 Sheridan Drive, Suite 204, Town of Tonawanda 14223

**Ages:** All ages

**Cost:** Varies

**Dates:** By appointment - home/facility visits can be arranged.

**Time:** Various

**Activities:** Provides individual or group therapy and adaptive music lessons. They provide services in home and at their clinic location in Tonawanda

**Website:** www.bnmusictherapy.com

### **Community Music School of Buffalo**

**Contact:** Paula Waara

**Phone:** (716) 884-4887 **Address:** 217 East Delevan Avenue, Buffalo 14208

**Ages:** All ages

**Cost:** Annual registration \$30; \$35/30 minute lesson; \$68/60 minute lesson. Financial aid is available. **Date/Time:** Mon-Fri 10 am - 8:30 pm

**Criteria:** Our board-certified music therapists offers the following individual adaptive lessons that are inclusive for all people with varying abilities for the following instruments: piano, voice, guitar, ukulele, electric bass, saxophone, and clarinet.

**Activities:** Individual and group classes and lessons in music, adult and teen classes, active ensembles and music therapy. Summer camps are also available.

**Website:** <https://communitymusicbuffalo.org/programs/individual-adaptive-lessons/>

## **Drum 4 Health**

**Contact:** Carol Zimmerman

**Email:** carolyn@drum4health.net **Phone:** (716) 491-0031

**Address:** 190 Wabash Avenue, Kenmore 14217

**Ages:** Kids of all ages, 2 - 102+ **Cost:** Varies

**Dates:** By appointment

**Activities:** Recreational music making/drum circles via a variety of drums and percussion instruments.

**Wheelchair Accessible:** Yes

**Website:** www.drum4health.net

## **Theater**

### **Inclusive Theater of WNY**

**Email:** inclusivetheaterofwny@gmail.com

**Phone:** (716) 218-8129

**Address:** Buffalo

**Ages:** all ages

**Criteria:** ITOWNY depends on Volunteers in different aspects of the production and administration including ushering, backstage, marketing, directing, and fundraising.

**Activities:** Inclusive Theater of WNY (ITOWNY) is a performing and visual arts company, that is dedicated to advancing artists of all forms and levels of ability – including artists with disabilities – to encourage the change of socially constructed images and misconceptions that exist of people from diverse backgrounds and groups.

**Wheelchair Accessible:** Yes

**Website:** inclusivetheaterofwny.com

## **PARKS**

### **Access Pass**

**Cost:** \$10 for passes purchased online or via mail

**Criteria:** Available for: U.S. citizens or permanent residents of the United States who have been medically determined to have a permanent disability.(This need not be a 100 percent disability.)

**Activities:** The lifetime Access Pass provides a 50 percent discount on some amenity fees charged for facilities and services such as camping, swimming, boat launch, and specialized interpretive services.

**Website:** <https://www.fws.gov/service/federal-recreation-passes>





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## **Reserve America**

**Phone:** (518) 885-4282

**Dates:** year round

**Activities:** ReserveAmerica.com provides convenient access to all things outdoors. A leading destination for discovering, exploring, and booking campsites, cabins, yurts, and other rental options, the site guides millions of visitors in planning their outdoor adventures each year.

**Website:** [www.reserveamerica.com](http://www.reserveamerica.com)

## **Nature Preserves**

### **Audubon Community Nature Center**

**Contact:** Leigh Rovegno

**Email:** [info@auduboncnc.org](mailto:info@auduboncnc.org)

**Phone:** (716) 569-2345

**Address:** 1600 Riverside Road, Jamestown 14701

**Ages:** all ages

**Cost:** Adults \$6, children age 3-15 \$2, maximum cost for families \$15, members and children under 2 are free.

**Dates:** Year round

**Time:** Monday - Saturday 10-4:30pm, Sunday 1-4:30pm

**Activities:** The Audubon Community Nature Center is a 600-acre wetland preserve that includes over five miles of trails, a native tree arboretum, picnic areas, a natural play space, and educational gardens for you to explore daily from dawn until dusk.

**Wheelchair Accessible:** Yes

**Website:** [www.auduboncnc.org](http://www.auduboncnc.org)

### **Buffalo Audubon Society & Beaver Meadow Audubon Center**

**Contact:** Ed Sirianno

**Email:** [ed@buffaloaudubon.org](mailto:ed@buffaloaudubon.org)

**Phone:** (585) 457-3228

**Address:** 1610 Welch Road, North Java 14113

**Ages:** all ages

**Dates:** Tuesday-Saturday, closed on major holidays

**Time:** 10am-4pm

**Activities:** Beaver Meadow is a 324-acre nature preserve that features its namesake beaver meadow with glacial kettle ponds, wetlands, with a boardwalk trail, wooded uplands, meadows, a hawk watch, an arboretum, and eight miles of marked and groomed trails.

**Wheelchair Accessible:** Yes

**Website:** [www.buffaloaudubon.org](http://www.buffaloaudubon.org)

### **Losson Trails**

**Phone:** (716) 656-2220

**Address:** Stiglmeier Park, 810 Losson Road, Cheektowaga 14227

**Activities:** Stiglmeier Park is a 308 acre recreation facility in the Southeastern quarter of the town of Cheektowaga which hosts 15 nature trails, each with varying distances. There is a wooden boardwalk that is wheelchair accessible. Open to the public.

**Wheelchair Accessible:** Yes

**Website:** <https://tocny.org/documents/losson-nature-trails/>

### **Pfeiffer Nature Center Eshelman Property**

**Contact:** Michael Cole

**Email:** [naturalist@pfeiffernaturecenter.org](mailto:naturalist@pfeiffernaturecenter.org)

**Phone:** (716) 933-0187

**Address:** 1420 Yuba Dam Road, Portville 14770

**Ages:** all ages

**Cost:** free, donations welcomed

**Dates:** January through September

**Time:** dusk til dawn

**Activities:** 460 acres and has 3+ miles of trails through wetlands and secondary growth forest. Historically a small farm, this property has a variety of habitat, successional forest, wetlands, and mixed areas. Birders especially enjoy this property during migration

**Website:** [www.pfeiffernaturecenter.org](http://www.pfeiffernaturecenter.org)

### **Reinstein Woods Nature Preserve**

**Email:** [reinsteinwoods@dec.ny.gov](mailto:reinsteinwoods@dec.ny.gov)

**Phone:** (716) 683-5959

**Address:** 93 Honorine Drive, Depew 14043

**Ages:** All ages

**Cost:** Free, donations welcome

**Dates:** Year Round. Trails open from sunrise to sunset.

**Time:** Education Center M-F 9am-4:30pm, Sat 1-4:30pm; Closed Sundays and state holidays.

**Activities:** Reinstein Woods is a 292-acre complex of forests, ponds and wetlands. We offer a variety of opportunities to explore and learn about nature for people of all ages and abilities. Free guided tours of the woods are available.

**Wheelchair Accessible:** Yes

**Website:** [reinsteinwoods.org](http://reinsteinwoods.org)

## **Roger Tory Peterson Institute of Natural History**

**Contact:** Twan Leenders

**Email:** [info@rtpi.org](mailto:info@rtpi.org)

**Phone:** (716) 665-2473

**Address:** 311 Curtis Street, Jamestown 14701

**Ages:** all ages

**Cost:** Adults \$12, Seniors/Military/Students \$10

**Dates:** Wednesday - Saturday. By appointment on Mondays and Tuesdays.

**Time:** Wednesday-Saturday 10 am - 4 pm, Monday and Tuesday by apt.

**Criteria:** In 1984, the Roger Tory Peterson Institute of Natural History was founded in Peterson's hometown of Jamestown, New York, as an educational institution charged with preserving Peterson's lifetime body of work.

**Activities:** Home to the largest collection of Roger Tory Peterson's work, the Roger Tory Peterson Institute is a leader for the study, exhibition and nurturing of art that matters to the planet.

**Website:** [www.rtpi.org](http://www.rtpi.org)

## **Tifft Nature Preserve**

**Email:** [tifftreservations@sciencebuff.org](mailto:tifftreservations@sciencebuff.org) **Phone:** (716)825-6397

**Address:** 1200 Fuhrmann Boulevard, Buffalo 14203

**Cost:** No fee - donations appreciated. **Dates:** Trails open daily - dawn til dusk

**Time:** Visitor Center Wed-Sun 10am-4pm

**Activities:** Tifft Nature Preserve is a 264-acre nature refuge dedicated to conservation and environmental education. Guided walks, groups, and workshops.

**Wheelchair Accessible:** Yes

**Website:** [tifft.org](http://tifft.org)

## **State Parks**

### **Allegany State Park**

**Contact:** Erik Kulleseid

**Phone:** (716) 354-2182

**Address:** 2373 ASP, Route 1, Salamanca 14779

**Ages:** all ages

**Cost:** Vehicle fee \$7

**Dates:** Sunrise to Sunset

**Activities:** With more than 250 parks and historic sites in the New York State park system, there are more than 2,000 miles of trails just waiting to be explored. From easy walks on carriage roads to rugged backcountry treks, camping, fishing and more.

**Wheelchair Accessible:** Yes

**Website:** [parks.ny.gov/parks](http://parks.ny.gov/parks)

## **Iroquois National Wildlife Refuge**

**Email:** [iroquois@fws.gov](mailto:iroquois@fws.gov)

**Phone:** (585) 948-5445

**Address:** 1101 Casey Road, Basom 14013

**Cost:** free **Time:** sunrise to sunset

**Criteria:** To plan for your trip you should contact the refuge headquarters to gather pertinent information on the refuge and surrounding area.

**Activities:** Iroquois National Wildlife Refuge, located mid-way between Rochester and Buffalo, NY has been described as one of the best kept secrets of Western New York. Teeming with wildlife and wild lands the refuge offers opportunities for the public to experience. Activities include biking, cross country skiing, hunting, ranger-led programs, birding, fishing, ice fishing, show-shoeing, boating, hiking photography and more.

**Website:** [www.fws.gov/refuge/iroquois](http://www.fws.gov/refuge/iroquois)

## **Lake Erie State Park**

**Email:** [lakeeriesp@parks.ny.gov](mailto:lakeeriesp@parks.ny.gov) **Phone:** (716) 792-9214

**Address:** 5838 Rt. 5, Brocton, NY 14716

**Cost:** Vehicle fee \$7

**Dates:** Trails open daily from dawn until dusk

**Activities:** High bluffs overlooking Lake Erie provide a breathtaking view for the visitor to Lake Erie State Park. Lake Erie features a shoreline covering over three quarters of a mile bordering the shallowest of the Great Lakes

**Wheelchair Accessible:** Yes

**Website:** <https://parks.ny.gov/parks/lakeerie>

## **Letchworth State Park**

**Phone:** (585) 493-3600

**Address:** 1 Letchworth State Park, Castile 14427

**Cost:** \$10 per vehicle; All buses \$35

**Dates:** Trails open daily from dawn until dusk

**Time:** Daily hours 6am-11pm

**Criteria:** The A.N.T. provides a safe and inclusive area for individuals with autism or other related disabilities. The accessible mile long trail hosts eight different sensory stations for individuals and families of individuals to experience and explore nature.

**Activities:** Letchworth State Park, renowned as the "Grand Canyon of the East," is one of the most scenically magnificent areas in the eastern U.S. The Genesee River roars through the gorge over three major waterfalls between cliffs--as high as 600 feet in some places--surrounded by lush forests.

**Wheelchair Accessible:** Yes

**Website:** [parks.ny.gov/parks](http://parks.ny.gov/parks)

## Vintage Rides

### Olcott Beach Carousel Park

**Address:** 5979 Main Street, Olcott 14126

**Ages:** All ages

**Cost:** All rides \$0.25

**Dates:** July through Labor Day

**Time:** Saturday, Sunday 12- 6 pm through June, Friday through Sunday 12-6 pm through Labor Day

**Criteria:** Kiddie rides are for children up to 52 inches, no exceptions.

**Activities:** Vintage kiddie park with Magic Show at 2 pm onstage

**Website:** <https://olcottbeachcarouselpark.org/>

## PEER SOCIAL EVENTS

### Collaborative Community Mission

**Email:** [collabcomm.mission@gmail.com](mailto:collabcomm.mission@gmail.com)

**Time:** Check website for more details.

**Criteria:** Check website for upcoming events

**Activities:** To foster relationships among a diverse community of caregivers and professionals that promote learning and child development through accessible programming, resources, and expertise. Activities such as social groups, yoga, music connection, and more! Check website for new monthly events.

**Website:** [www.collaborativecommunitymission.org](http://www.collaborativecommunitymission.org)

### Fantastic Friends of Western New York

**Contact:** Debbie Cordone

**Email:** [fantasticfriendswny@gmail.com](mailto:fantasticfriendswny@gmail.com)

**Phone:** (716) 608-6234

**Address:** 1284 French Rd., Depew 14043

**Ages:** 10+ **Cost:** Check Facebook for events

**Activities:** Fantastic Friends hosts a fun monthly events for our special needs members ages 10-teens and volunteer “buddies”. Members are always paired with a 1:1 buddy at each event, who help them interact with other Fantastic Friends and participate in all events.

**Website:** [www.fantasticfriendswny.org](http://www.fantasticfriendswny.org)

## **Friends United of WNY**

**Contact:** Mary

**Email:** friendsunited192@gmail.com **Phone:** (716) 421-9974

**Address:** PO Box 1154, West Seneca 14224

**Ages:** Adults

**Criteria:** Bowling and culinary classes, dances and more!

**Activities:** Friends United Together, Inc. (FUTI) was created to help people with disabilities receive training in daily living skills, to form friendships, develop social skills and to keep active and healthy through sports and social activities!

**Website:** futiwny.org

## **Sensational Fun**

**Email:** info@sensationalfun.org

**Phone:** (716) 674-7001

**Address:** 2881 Southwestern Blvd., Unit 1, Orchard Park 14127

**Ages:** no age limits

**Cost:** Depends on program - from \$5 and up.

**Dates:** Tue, Thu 12-7; Wed, Fri, Sat 12-5; Sun 10:30-3.

**Time:** Check website for details by event

**Criteria:** Equipment has weight limits of 175-320 lbs.

**Activities:** We provide a family oriented play place where children with special needs can learn and interact with others, while still being themselves in a safe, engaging, and fun environment. Events include Gym classes, Disney Balls with Characters, respite and socials.

**Wheelchair Accessible:** Yes

**Website:** www.sensationalfun.org

## **PLAYGROUNDS**

### **Indoor**

#### **Billy Beez**

**Phone:** (716) 989-5012

**Address:** 1 Walden Galleria, Unit TH271, Buffalo 14225 **Ages:** All ages

**Cost:** Ages 1-17 \$22.95, Infant (0-11 mo) Free with paid child or \$13.95 Infant & Adult; Adult 1st \$4.95, Adult 2nd \$6.95, Senior (65+) Free with paid child

**Dates:** Monday - Thursday, 11 am to 6:30 pm; Friday 11-8 pm; Saturday 10-9 pm; Sunday 10-7 pm

**Activities:** Slides, Ballistics Arena, Sports courts, Mini Beez, Games, Tunnels & More

**Website:** <https://billybeezus.com/location/walden-galleria/>

### **Climb & Play Café**

**Email:** [climandplaybuffalo@usa.com](mailto:climandplaybuffalo@usa.com)

**Phone:** (716) 398-5649

**Address:** 3701 McKinley Parkway, McKinley Mall, Blasdell 14219

**Cost:** \$10 open play; \$25 monthly pass, \$59 3-month pass

**Dates:** Monday to Sunday

**Time:** Sunday - Thursday, 9 am - 5 pm; Friday & Saturday 9 am - 7 pm

**Activities:** Indoor maze and climbing play structure with ball pits, an area for little climbers and a cozy lounge with TVs. Video game zone for kids 8+

**Website:** <https://www.climbandplaybuffalo.com/>

### **Friendship Fortress**

**Email:** [friendshipfortresswny@gmail.com](mailto:friendshipfortresswny@gmail.com)

**Phone:** (716) 276-8461

**Address:** 1590 Hopkins Road #199, Buffalo 14221

**Ages:** children up to 8 years old

**Cost:** \$15 / child and \$5 per adult

**Dates:** Monday - Thursday 9 am to 6 pm, Friday 9 am to 7:30 pm, Saturday 9 am to 7:30 pm, Sunday 9 am to 4:30 pm

**Activities:** Visit Friendship Fortress Play Cafe for a couple hours or a whole day of fun! At Friendship we have areas for Children up to 8 years old, where parents can enjoy a wonderful cup of coffee, treats, and lunch fare while they supervise their little ones. We have areas for all ages of development that are designed for independent or social play.

**Website:** [www.wnyfriendshipfortress.com](http://www.wnyfriendshipfortress.com)

### **Friendship Village Play Café**

**Address:** 5450 Camp Road, Hamburg 14075

**Cost:** \$20 per child for open play, includes 1 adult; \$5 for each additional adult.

**Dates:** Monday-Thursday 10 am -\to 1 pm; Friday-Sunday 10 am to 3 pm.

**Activities:** We offer a variety of different services including Weekly Gymnastics classes for the little ones and all-day open play for all ages, whether they want to bounce around in our bounce houses, climb our indoor tree house, or play in our village shops.

**Website:** <https://www.friendshipvillageplay.com/>



### **FunCity Adventure Park**

**Email:** funcitybuffalo@gmail.com **Phone:** (716) 288-7075

**Address:** 3781 Union Road, Cheektowaga 14225

**Cost:** 2 hours \$28.99/Toddler 2 hour \$21.99; All day General \$33.00/Toddlers \$24.99 Jump socks \$3.50

**Dates:** Sun-Thur, 12 pm to 9 pm; Friday 12 pm - 10 pm; Sat 10 am - 10:30 pm

**Activities:** Trampoline Courts, Dodge Ball, Arcade Machines, Bumper Ball, Basketball, Battle Beam, Ninja Course, Foam Pit, Climbing and Playground.

**Website:** <https://www.funcitybuffalo.com/>

### **Get Air**

**Phone:** (716) 205-3794 **Address:** 3637 Union Road, Cheektowaga 14225

**Cost:** Big Jumpers - \$28.99 3 Hour Jump; \$25.99 2 Hour Jump; \$18.99 1 Hour Jump, \$21.99 3 Hour; Little Air (under 46 inches); \$22.99 3 Hours. \$19.99 2 Hour Little Air; \$12.99 1 Hour Little Air \$4 socks

**Day/Time:** Monday - Thursday, 10 am to 8 pm; Friday & Saturday 10 am to 10 pm; Sunday 8 am to 8 pm

**Activities:** Trampolines, dodgeball, ninja activities, kiddie court, foam pit, slamball, jackline, fidget ladder and massage chairs.

**Website:** <https://getairsports.com/buffalo/>

### **Little Buffalo**

**Email:** littlebuffaloplay@gmail.com **Phone:** (716) 427-3668

**Address:** 633 Hertel Avenue, Buffalo 14207

**Ages:** Children 0-7 years of age.

**Cost:** Must reserve on website - \$15/1.5 hour of play or \$295 per month; Classes start at \$30, Camps \$295, Parties available to book.

**Dates:** Monday - Saturday, check website calendar for more information.

**Activities:** Boutique indoor playspace for kids. Gross motor playground, pretend and dramatic play, sensory play. Open Play Time, Play School Drop-Off Program (2.5-5 years); Summer camps and special events

**Website:** <https://www.littlebuffaloplay.com/>

### **Sweet Charlotte's Open Play**

**Email:** sweetcharlottes@yahoo.com

**Address:** 10255 Main Street, Suite 9, Clarence 14031

**Ages:** children under 10

**Cost:** \$15 for first child. Discount for each additional child

**Dates/Times:** Thurs 10 - 11:30 am, Fri 10-11:30, 12-1:30 pm, and Sat 9:30 - 11 am.

**Criteria:** Reservations required.

**Activities:** A relaxed and safe environment where ALL children are welcome and encouraged to explore our space using their own imagination and creativity to play in a way that makes them happy. Crafts are also available for busy little hands.

**Website:** [www.sweetcharlottes.org/play](http://www.sweetcharlottes.org/play)

### **Urban Air**

**Phone:** (716) 568-7083

**Address:** 1 Walden Galleria, Buffalo 14225

**Cost:** \$14.99 under 5 with height requirements, \$27.99 Deluxe Ticket, \$36.49 Ultimate Ticket, Socks \$3.99

**Criteria:** Open Play Wed - Fri 4 pm to 8 pm; Sat-Tue 10 am to 8 pm

**Activities:** Trampoline courts, Mini-golf, Trapeze, Spin Zone Bumper Cars, Virtual Reality, Go-Kart Trac, Bowling, Climbing Walls, Playground, Warrior Course

**Website:** <https://www.urbanair.com/new-york-buffalo/>

### **Village Play**

**Email:** [info@village-play.com](mailto:info@village-play.com)

**Phone:** (716) 544-2188

**Address:** 651 Oakwood Avenue, East Aurora 14052

**Cost:** \$18 for 2 hours of play

**Dates:** Monday through Saturday

**Time:** Book time via website

**Criteria:** 1 or 2 hours of open lay

**Activities:** We offer a screen free play space full of natural wood toys and décor with soft colors to harness organic creativity. Village Play encourages active and imaginative play. Birthday party rentals and camps are available as well.

**Website:** <https://www.village-play.com/>

## Outdoor

### **A Playground for All at Chestnut Ridge Park**

**Contact:** Gordon Panek

**Email:** [gpanek@chestnutridgeconservancy.org](mailto:gpanek@chestnutridgeconservancy.org)

**Address:** 6121 Chestnut Ridge Road, Orchard Park 14127

**Activities:** Together with the Erie County Parks Department, the Chestnut Ridge Conservancy is engaging in a very ambitious project for the purchase and installation of a significant new playground at Chestnut Ridge Park which will be fully accessible for children of all needs and abilities and have play equipment for children of all ages and abilities.

**Wheelchair Accessible:** Yes

**Website:** [chestnutridgeconservancy.org](http://chestnutridgeconservancy.org)

### **Billy Wilson Park**

**Email:** [parksadmin@amherst.ny.us](mailto:parksadmin@amherst.ny.us)

**Address:** 1290 Hopkins Road, Williamsville 14221

**Wheelchair Accessible:** Yes

**Website:** [www.amherst.ny.us](http://www.amherst.ny.us)

### **Ellicott Creek Park**

**Address:** 1 Ellicott Creek Drive, Tonawanda 14150

### **Mason's Mission Playgrounds**

**Activities:** All children, not just those with special needs, can use all the equipment. We're creating a playground where none otherwise exists – adding to the quality of life of all WNY families. Disabled other adults can use the equipment, too. So wheelchair-bound parents can still enjoy a day at the park with their kids!

**Address 1:** 6570 Campbell Blvd, Lockport 14094

**Address 2:** Green Acres School, 205 Yorkshire Road, Tonawanda 14150

**Address 3:** H.O. Brumsted Elementary School, 173 Canada Street, Holland 14080

**Wheelchair Accessible:** Yes

**Website:** [masonsmissionfoundation.org](http://masonsmissionfoundation.org)

### **Motion Junction**

**Address:** 2640 Outhouse Road, Canandaigua 14424

### **West Dawson Park**

**Address:** Columbia Avenue off of Transit Road, Depew, NY14043

**Activities:** All children, not just those with special needs, can use all the equipment. We're creating a playground where none otherwise exists – adding to the quality of life of all WNY families. Disabled other adults can use the equipment, too. So wheelchair-bound parents can still enjoy a day at the park with their kids!

**Wheelchair Accessible:** Yes

### **Winchester Academy Inclusive/Adaptive Playground**

**Address:** 650 Harlem Road, West Seneca, NY 14224

**Wheelchair Accessible:** Yes

## **RECREATION DEPARTMENTS**

### **Town of Amherst Youth & Recreation Department**

**Contact:** Michele Holmes or Jared Burns **Phone:** (716) 631-7132

**Email:** mholmes@amherst.ny.us or jburns@amhers.ny.us

**Address:** 1615 Amherst Manor Drive, Williamsville 14221

**Cost:** Varies by class.

**Dates:** Varies by program **Time:** varies by program

**Activities:** Classes include Adaptive Recreation for Teens ages 13-18, Adaptive Culinary Arts - Teens 13-18; Adaptive Wellness, Recreation, and Social Club ages 18+ and Independent Living Skills - Cooking. Check the website for more details.

**Wheelchair Accessible:** Yes

**Website:** [www.amherstyouthandrec.org](http://www.amherstyouthandrec.org)

### **Aurora Dept. of Parks & Recreation**

**Contact:** Chris Musshafen, Recreation Director

**Email:** [recreation@townofaurora.com](mailto:recreation@townofaurora.com)

**Phone:** (716) 652-8866

**Address:** 575 Oakwood Avenue, East Aurora 14052

**Criteria:** Check website for more detailed information on programs available.

**Website:** [www.aurorany.myrec.com](http://www.aurorany.myrec.com)

### **Cattaraugus County Youth Recreation**

**Phone:** (716) 938-9206

**Address:** 1 Leo Moss Drive, Suite 7610, Olean 14760

**Ages:** 0-21 years

**Criteria:** Check website for more detailed information on programs available.

**Website:** [www.cattco.org/youth-bureau/youth-bureau](http://www.cattco.org/youth-bureau/youth-bureau)

### **City of Lackawanna Recreation Department**

**Contact:** Brian Lasko, Director

**Email:** recreation@lackny.com

**Phone:** (716) 827-6457

**Address:** 714 Ridge Road, Room 219, Lackawanna 14218

**Criteria:** Check website for more detailed information on programs available.

**Website:** [www.lackawannany.gov/government/recreation/](http://www.lackawannany.gov/government/recreation/)

### **Dunkirk Youth and Recreation Department**

**Contact:** Alexis Tofil, Dept. Coordinator

**Email:** atofil@cityofdunkirk.com

**Phone:** (716) 366-9877

**Address:** 338 Central Avenue, 2nd Floor, Dunkirk 14048

**Criteria:** The Dunkirk Recreation Department offers a variety of leagues and activities for all ages to enjoy.

**Website:** [https://www.cityofdunkirk.com/government/departments/youth\\_and\\_recreation/inedx.php](https://www.cityofdunkirk.com/government/departments/youth_and_recreation/inedx.php)

### **Erie County Recreation Department**

Phone: (716) 858-8355

**Activities:** See website for listing of parks and activities.

**Website:** [erie.gov/parks](http://erie.gov/parks)

### **Genesee County Youth Bureau**

**Email:** genesee.youthbureau@dfa.state.ny.us

**Phone:** (585) 344-3690

**Address:** 5130 E Main Street, Batavia 14020

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Programs and activities are provided in the area of Youth Empowerment, Cultural Enrichment, Recreation, and Education.

**Website:** <https://www.geneseeny.gov/Department-Content/Youth-Bureau>

### **Grand Island Parks & Recreation**

**Email:** recreation@grand-island.ny.us

**Phone:** (716) 773-9680

**Address:** 3278 Whitehaven Road, Grand Island 14072

**Criteria:** Adaptive programs include bowling, creative crafters and creative movement fit and fun.

**Activities:** Swimming, volleyball, basketball, holiday events and more

**Website:** <https://grandislandny.myrec.com/info/default.aspx>

**Hamburg Recreation Department**

**Phone:** (716) 646-5145

**Address:** 4540 Southwestern Blvd., Hamburg 14075

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Adaptive, Youth and Adult Recreation available.

**Website:** <https://www.townofhamburgny.gov/203/Youth-Recreation-Senior-Services>

**North Tonawanda Department of Youth, Recreation and Parks**

**Contact:** Alex Domaradzki

**Email:** [alexdomaradzki@northtonawanda.org](mailto:alexdomaradzki@northtonawanda.org)

**Phone:** (716) 695-8520 ext 5500

**Address:** 500 Wheatfield St. - Keller Bldg., North Tonawanda 14120

**Dates:** varies by program and if you are a resident of North Tonawanda

**Time:** varies by program and if you are a resident of North Tonawanda

**Criteria:** varies by program and if you are a resident of North Tonawanda

**Activities:** Year round sports activities and community events.

**Website:** <https://www.ntyouthcenter.com/>

**Olean Recreation Department**

**Email:** [kshewairy@cityofolean.org](mailto:kshewairy@cityofolean.org)

**Phone:** (716) 376-5698

**Address:** 101 East State Street, Olean 14760

**Criteria:** Check website for more detailed information on programs available

**Activities:** Various sports and events.

**Website:** <https://cityofolean.org/departments/youth-recreation/>

**Orchard Park Recreation Department**

**Email:** [oprec@orchardparkny.org](mailto:oprec@orchardparkny.org)

**Phone:** (716) 662-6450

**Address:** 200 North Lake Drive, Orchard Park 14127

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Various sports and events available. Adaptive swim offered, Special olympics developmental program.

**Website:** <https://www.oprec.org/Youth-Teen-Programs>

**Tonawanda Youth, Parks & Recreation Dept.**

**Phone:** (716) 831-1001

**Address:** 299 Decatur Avenue, Town of Tonawanda 14223

**Activities:** Check website for current activities.

**Website:** <https://www.tonawanda.ny.us/youth-parks-recreation.html>

**Town of Alden Recreation**

**Contact:** Michelle Gadd

**Email:** michelle.gadd@erie.gov

**Phone:** (716) 937-7393

**Criteria:** The Alden Recreation Department provides a year round recreation program for youth, adults and Sr. citizens using Alden Town Parks, Alden Community / Sr. Center, Town Hall and Alden Central School facilities.

**Activities:** Year round sports activities and community events.

**Website:** <https://www4.erie.gov/alden/recreation>

**Town of Cambria Parks and Recreation Department**

**Email:** townclerk@townofcambria.com

**Phone:** (716) 433-7664

**Address:** 4160 Upper Mountain Road, Sanborn 14132

**Criteria:** Check website for more detailed information on programs available.

**Activities:** The Town of Cambria offers Summer Day Recreation and Baseball Programs for the youth of our community ages 5 years through 15 years.

**Website:** [townofcambria.com/Parks-Recreation](http://townofcambria.com/Parks-Recreation)

**Town of Cheektowaga Youth & Recreational Services**

**Phone:** (716) 897-7207

**Address:** 275 Alexander Avenue, Cheektowaga 14211

**Website:** <https://tocny.org/departments/youth-recreational-services/>

**Town of Clarence Recreation Department**

**Contact:** Clifford Trapper **Email:** [ctrapper@clarence.ny.us](mailto:ctrapper@clarence.ny.us)

**Phone:** (716) 407-2162 **Address:** 10510 Main Street, Clarence, NY 14031

**Criteria:** The Recreation Department provides a wide variety of opportunities for indoor and outdoor activities.

**Activities:** Year round sports activities and community events.

**Website:** <https://www4.erie.gov/clarence/recreation-department>

**Town of Collins**

**Phone:** (716) 532-2006

**Website:** <https://www.townofcollins.com/Departments/Youth-Recreation>



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### **Town of Hamburg Adaptive Sports & Activities**

**Contact:** Marc Collins

**Email:** [mcollins@townofhamburgny.gov](mailto:mcollins@townofhamburgny.gov)

**Phone:** (716) 646-5145 EXT- 4304

**Address:** 4540 Southwestern Boulevard, Hamburg 14075

**Activities:** Saturday recreation program, social nights, football clinic at Buffalo Bills Field House, Softball, Golf Clinics, Adaptive swimming

**Website:** <https://www.townofhamburgny.gov/203/Youth-Recreation-Senior-Services>

### **Town of Lewiston Recreation Department**

**Email:** [lewportsports@yahoo.com](mailto:lewportsports@yahoo.com)

**Phone:** (716) 754-8213

**Address:** 1375 Ridge Road, Lewiston 14092

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Year round sports activities and community events.

**Website:** <https://townoflewistonrec.us/>

### **Town of Porter Recreation**

**Phone:** (716) 745-3730

**Address:** 3265 Creek Road, Youngstown 14174

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Year round sports activities and community events.

**Website:** [www.townofporter.net/recreation](http://www.townofporter.net/recreation)

### **Town of Tonawanda**

**Phone:** (716) 831-1006

**Address:** 299 Decatur Road, Tonawanda 14223

**Ages:** youth

**Website:** <https://www.tonawanda.ny.us/youth-parks-recreation.html>

### **Town of Wheatfield Recreation Department**

**Email:** [debbier@wheatfield.ny.us](mailto:debbier@wheatfield.ny.us)

**Phone:** (716) 731-3942

**Address:** 6812 Nash Road, North Tonawanda 14120

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Year round sports activities and community events.

**Website:** [www.wheatfield.ny.us/159/Recreation](http://www.wheatfield.ny.us/159/Recreation)

## **West Seneca Recreation Department**

**Email:** [recdept@twyny.org](mailto:recdept@twyny.org)

**Phone:** (716) 674-6086

**Address:** 1300 Union Rd., West Seneca 14224

**Criteria:** Check website for more detailed information on programs available.

**Activities:** Softball, swimming, camps, basketball, and many other sports and holiday activities

**Website:** <https://westsenecany.myrec.com/info/default.aspx>

## **Wyoming County Youth Bureau**

**Phone:** (585) 786-8850

**Address:** 8 Perry Avenue, Warsaw 14569

**Criteria:** Check website for more detailed information on programs available.

**Website:** [wyomingco.net/226/youth-bureau](http://wyomingco.net/226/youth-bureau)

## **RESPIRE**

### **Aspire Respite Programs**

**Email:** [intake@aspirewny.org](mailto:intake@aspirewny.org)

**Phone:** (716) 838-0047

**Address:** 2356 North Forest Road, Getzville 14068

**Ages:** all ages

**Cost:** free

**Dates:** Afterschool, Hourly, and Saturday Recreational respite

**Criteria:** Must be waiver enrolled.

**Activities:** Diverse cultural sports and general leisure time activities. On-site respite with some community outings.

**Wheelchair Accessible:** Yes

**Website:** <https://www.arceriecounty.org/home-and-community-based>

### **Boys & Girls Clubs of Buffalo**

**Email:** [info@bgcbbuffalo.org](mailto:info@bgcbbuffalo.org)

**Phone:** (716) 825-1016

**Address:** 282 Babcock Street, Buffalo 14210

**Ages:** 5 to 13

**Cost:** \$250 per semester

**Time:** Afterschool program

**Criteria:** Check website for more detailed information on programs available.

**Activities:** The Clubs provide a safe, structured environment for socializing and play, learning and growing and fostering positive character values and attitudes.

**Website:** [bgcbbuffalo.org](http://bgcbbuffalo.org)

### **Community Services for Every 1**

**Email:** info@csevery1.com **Phone:** (716) 883-8888

**Address:** 180 Oak Street, Buffalo 14203

**Criteria:** Must be waiver enrolled.

**Activities:** Our Respite Programs offer planned short-term and time-limited opportunities for families and care providers to have some personal time.

**Wheelchair Accessible:** Yes

**Website:** <https://www.csevery1.com/referrals/children-and-youth-services/respite-2/>

### **Cradle Beach Respite (Weekend Program)**

**Email:** gclark@cradlebeach.org

**Phone:** (716) 549-6307

**Address:** 8038 Old Lakeshore Road, Angola 14006 **Ages:** 8+

**Cost:** Home & Community Medicaid Waiver Program

**Dates:** January - May, September - December, August (18+)

**Time:** 7pm Friday-3pm Sunday

**Criteria:** Developmentally disabled individuals living with family in WNY.

**Activities:** Weekend respite & recreation; various sessions throughout the year.

**Wheelchair Accessible:** Yes

**Website:** [www.cradlebeach.org](http://www.cradlebeach.org)

### **People Inc.**

**Phone:** (716) 817-7400

**Address:** 1219 North Forest Road, Williamsville 14221

**Ages:** all ages **Cost:** free **Dates:** Varies **Time:** Various

**Criteria:** Must be waiver enrolled.

**Activities:** Afterschool, after work, vacation, and recreation respite available. Please check website for more details.

**Wheelchair Accessible:** Yes

**Website:** <https://www.people-inc.org/respite/>

### **sasi Recreation Respite**

**Email:** info@sasinc.org

**Phone:** (716) 805-1555

**Address:** 960 W Maple Ct., Elma NY 14059

**Criteria:** Recreation is offered on both weekday evenings and weekends.

**Activities:** Recreation respite offers a variety of evening and weekend activities around WNY. Transportation is provided to and from the event from central meeting locations. Past outings include dances, bowling, festivals, movies, and shopping. This program allows people to have opportunities for socialization and recreation in various community settings.

**Website:** [www.sasinc.org/Services/Community-Services/](http://www.sasinc.org/Services/Community-Services/)

## SCIENCE

### Challenger Learning Center

**Phone:** (716) 434-3196

**Address:** 160 Washburn Street, Lockport 14094

**Cost:** Please check website for more information on programs, dates and cost.

**Activities:** The mission of the Challenger Learning Center is to engage students and teachers in dynamic, hands-on exploration and discovery opportunities that strengthen knowledge in science, technology, engineering, mathematics (STEM), inspire students to pursue careers in these fields, and provide an outlet to learn and apply important life skills.

**Website:** <https://www.clclockport.org/>

## SPORTS

### Baseball

#### Central Amherst Little League Challenger Baseball

**Contact:** David Whalen

**Email:** [challenger@centralamherst.com](mailto:challenger@centralamherst.com)

**Phone:** (716) 565-9338

**Address:** 480 Wehrle Drive, Amherst

**Ages:** Minors - 4-10 years; Majors - 11-18 years; Seniors 19+ years

**Cost:** Registration is \$75

**Dates:** Season May through July

**Criteria:** Registration closes on 3/31/2025

**Activities:** We are WNY's only recognized baseball program for players with disabilities by Little League Baseball (Williamsport, PA). We play baseball that allows athletes to experience the game as it's intended to be played in a safe, comforting, fun environment.

### Baseball/Softball

#### EMW Elma/Marilla/Wales "Dream League"

**Email:** [sahruth90@gmail.com](mailto:sahruth90@gmail.com)

**Phone:** (716) 907-9313

**Address:** Creek Road Park, Elma 14059

**Ages:** ages 5 to 21 **Cost:** 35

**Dates:** April 15, 2025 through July 15, 2025.

**Activities:** In the Dream League, every player bats every inning, batters swing until they get a hit (with or without assistance), players are safe on the bases, there are no outs and every player scores a run each inning.

**Website:** [www.emwbaseball.org/dreamleague](http://www.emwbaseball.org/dreamleague)

## **Biking**

### **iCan Bike**

**Email:** wnylearntoride@gmail.com

**Phone:** (716) 677-9100

**Address:** The R.O.C.K., 425 Meyer Road, West Seneca 14224

**Ages:** 8+

**Cost:** 250

**Dates:** July 14-18, 2025

**Time:** 75 minutes each day - varies

**Criteria:** Have a diagnosed disability, a minimum inseam of 20 inches, weigh less than 220 pounds, be able to walk without assistive devices, be able to side-step quickly, and be able to willingly wear a properly fitted helmet.

**Activities:** Using adaptive bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle.

**Website:** <https://www.thechampionprojectwny.com/icanbike>

## **Boating**

### **Excalibur Leisure Skills Center, Inc.**

**Contact:** Jim Catalano

**Email:** jim@excaliburls.com

**Phone:** (716) 831-3188

**Address:** Sun Life Marina, 1111 Fuhrmann Blvd., Buffalo 14203

**Dates:** Monday-Friday

**Time:** 2-hour excursions at different times throughout the day

**Activities:** Excalibur is dedicated to providing adaptive boating and fishing opportunities for developmentally challenged and disadvantaged persons. Fishing and boating excursions available. Please tell our office which you are interested in.

**Wheelchair Accessible:** Yes

**Website:** <https://excaliburls.com/boating-excursions/>

## Bowling

### **Allie Brandt Lanes**

**Email:** alliebrandtlanes@gmail.com

**Phone:** (716) 433-5976

**Address:** 6510 Lincoln Avenue, Lockport 14094

**Ages:** all ages

**Cost:** Check website for updated pricing

**Dates:** Year round

**Activities:** There are 36 lanes with bumper bowling. Challenger Sports runs for 24 weeks, starting in October. Challenger league on Thursdays

**Wheelchair Accessible:** Yes

**Website:** [www.alliebrandtlanes.com](http://www.alliebrandtlanes.com)

### **AMF Airport Lanes**

**Phone:** (716) 632-0655

**Address:** 3754 Genesee Street, Cheektowaga 14225

**Ages:** all ages

**Cost:** varies

**Dates:** Various

**Time:** Various

**Activities:** Bowling with adaptive equipment (bumpers and ramps available). Lanes have wheelchair accessibility.

**Wheelchair Accessible:** Yes

**Website:** [www.amf.com/location/amf-airport-lanes](http://www.amf.com/location/amf-airport-lanes)

### **AMF Lancaster Lanes**

**Phone:** (716) 668-1000

**Address:** 4913 Transit Road, Depew 14043

**Ages:** all ages

**Cost:** varies

**Dates:** Various

**Time:** Various

**Activities:** Bowling with adaptive equipment (bumpers and ramps available). Lanes have wheelchair accessibility.

**Wheelchair Accessible:** Yes

**Website:** [www.amf.com/location/amf-lancaster-lanes](http://www.amf.com/location/amf-lancaster-lanes)

**Bennington Lanes**

**Email:** frostyacres119@yahoo.com

**Phone:** (585) 591-2314

**Address:** 1374 Clinton Street Road, Attica 14011

**Ages:** All ages

**Cost:** Varies by activity

**Dates:** Year round

**Activities:** Bowling ramp available

**Wheelchair Accessible:** Yes

**Website:** [www.facebook.com/pg/bennington-lanes](http://www.facebook.com/pg/bennington-lanes)

**Bowling League for Special Needs**

**Contact:** Vienna Haak

**Email:** vahaak@yahoo.com

**Phone:** (716) 773-0062

**Address:** Mallwitz's Island Lanes - 1887 White Haven Rd., Grand Island 14072

**Cost:** \$10 registration; \$7 for two games and shoe rental.

**Dates:** September - April

**Time:** Saturdays 11 am - 12:30

**Criteria:** Any age individual with special needs

**Activities:** Bowling

**Website:** [www.islandlanes.com/junior.htm](http://www.islandlanes.com/junior.htm)

**Classic Lanes**

**Phone:** (716) 873-3383

**Address:** 1840 Military Road, Kenmore 14217

**Activities:** Bowling with adaptive equipment (bumpers and ramps available).  
Lanes have wheelchair accessibility.

**Wheelchair Accessible:** Yes

**Website:** [www.classiclanesny.com](http://www.classiclanesny.com)

**Good Times of Olean**

**Email:** [christine@goodtimesolean.com](mailto:christine@goodtimesolean.com)

**Phone:** (716) 379-8210

**Address:** 800R E. State Street, Olean 14760

**Activities:** Bumper bowling, arcade, mini-golf available

**Wheelchair Accessible:** Yes

**Website:** [www.gtofood.com](http://www.gtofood.com)

**Jamestown Bowling Co.**

**Email:** management@jamestownbowling.com

**Phone:** (716) 483-1818

**Address:** 850 Foote Avenue, Jamestown 14701

**Activities:** Bumper bowling is available

**Wheelchair Accessible:** Yes

**Website:** <https://www.facebook.com/people/Jamestown-Bowling-Co/100057657151322/>

**Kenmore Lanes**

**Email:** kenmorelanes@yahoo.com

**Phone:** (716) 875-5340

**Address:** 1691 Kenmore Avenue, Kenmore 14217

**Activities:** Bowling with adaptive equipment (bumpers and ramps available). Lanes have complete wheelchair accessibility.

**Wheelchair Accessible:** Yes

**Website:** <https://www.facebook.com/kenmorelanesny/>

**Letchworth Pines**

**Email:** kevin@letchworthpines.com

**Phone:** (585) 468-2166

**Address:** 6985 Fillmore Road, Portageville 14536

**Activities:** Bumper bowling and ramps available for bowlers

**Wheelchair Accessible:** Yes

**Website:** [www.letchworthpines.com](http://www.letchworthpines.com)

**Transit Lanes**

**Phone:** (716) 632-3838

**Address:** 7850 Transit Road, Williamsville 14221

**Activities:** Bowling with adaptive equipment (bumpers and ramps available). Lanes have wheelchair accessibility.

**Wheelchair Accessible:** Yes

**Website:** [www.transitlanes.net](http://www.transitlanes.net)

**Wimbledon Lanes**

**Email:** wimbledonlanes@gmail.com

**Phone:** (716) 674-3333

**Address:** 220 Center Road, West Seneca 14224

**Activities:** Bowling with adaptive equipment (bumpers available). No ramp available - welcome to bring your own.

**Wheelchair Accessible:** No

**Website:** [www.wimbledonlanes.com](http://www.wimbledonlanes.com)



## Cheerleading

### Buffalo Envoy All Stars Adaptive Cheerleading

**Email:** buffalo.envoy@aol.com

**Phone:** (716) 822-2572

**Address:** 2600 Hamburg Turnpike, Space "H", Lackawanna 14218

**Ages:** No age limit

**Cost:** Varies - Independent Health FlexFit card accepted

**Dates:** Year-round (training classes in May and June, season July - April)

**Time:** Hours vary, closed on Sundays

**Activities:** Athletes learn tumbling, dancing, stunting, and other cheerleading skills. The team practices once a week and has the opportunity to perform at several local and regional cheerleading competitions.

**Wheelchair Accessible:** Yes

**Website:** <http://www.buffaloenvoyallstars.com/adaptive-cheer-program.html>

## Golf

### The First Tee of WNY

**Email:** contact link via website

**Phone:** (716) 250-3355

**Address:** Paddock Chevrolet Golf Dome, 175 Brompton Road, Tonawanda, NY

**Ages:** 5 - 18

**Cost:** Camps and leagues start at \$50. Go to website for more details on dates, prices and locations.

**Activities:** A youth development program that offers learning opportunities to WNY youths. Programs are conducted in partnership with local golf facilities, elementary & middle schools and organizations serving youth.

**Wheelchair Accessible:** Yes

**Website:** [www.thefirstteewesternny.org](http://www.thefirstteewesternny.org)

## Gymnastics

### Flips Gymnastics & Sport

**Phone:** (716) 433-8811 **Address:** 6017 S. Transit Road, Lockport 14094

**Ages:** Preschoolers to children over 12

**Cost:** check website for more information

**Activities:** Flips has the largest facility in Western New York fully equipped with mats, beams, bars and much more to provide great activities for your children. Our amazing, spacious facility allows for us to care for over 35 different community organizations, making us a positive force in the community.

**Website:** <https://www.flipkids.com/>

## Horseback Riding

### **Buffalo Therapeutic Riding Center, Inc. (BTRC)**

**Email:** [becandbtrc@aol.com](mailto:becandbtrc@aol.com)

**Phone:** (716) 877-9295

**Address:** 950 Amherst Street, Buffalo 14216

**Ages:** 5-18 years cannot exceed 150 pounds

**Cost:** Scholarships are available

**Dates:** Monday afternoons 3:30 pm to 7:30 pm, April through November

**Activities:** The only indoor riding facility in the City of Buffalo, this program offers classes for mentally and emotionally impaired, learning disabled and developmentally challenged children.

**Wheelchair Accessible:** Yes

**Website:** [www.thebtrc.org](http://www.thebtrc.org)

### **Centaur Stride Therapeutic Riding Facility**

**Email:** [info@centaurstride.org](mailto:info@centaurstride.org) **Phone:** (716) 326-4318

**Address:** 8488 Jones Road, Sherman 14781

**Cost:** \$35/lesson **Time:** Scheduling by appt. only

**Criteria:** Programs are open to all in an integrated setting (some restrictions apply).

**Activities:** Horseback riding to accommodate various disabilities, while focusing on safety, integration and challenge. Experiential learning to focus on social skills and group dynamics in a natural environment.

**Wheelchair Accessible:** Yes

**Website:** [www.centaurstride.org](http://www.centaurstride.org)

### **High Hurdles Therapeutic Riding**

**Contact:** Shelby Dytschkowskyj

**Email:** [shelby.dytschkowskyj@sasinc.org](mailto:shelby.dytschkowskyj@sasinc.org)

**Phone:** (716) 496-5551

**Address:** 13339 Route 39, Sardinia 14134

**Ages:** 3+

**Cost:** 8-week session: \$250; Full season: \$900

**Dates:** Sessions run March through November;

**Time:** Varies per session; times available throughout the day

**Activities:** Therapeutic riding and horsemanship for individuals who are physically, cognitively and emotionally challenged. Also, hands on field trips are available.

**Wheelchair Accessible:** Yes

**Website:** [www.sasinc.org/creative-opportunities/High-Hurdles](http://www.sasinc.org/creative-opportunities/High-Hurdles)

## **Lothlorien Therapeutic Riding Center**

**Email:** program.ltrc@gmail.com

**Phone:** (716) 655-1335

**Address:** 15 Reiter Road, East Aurora 14052

**Ages:** 3+

**Cost:** Lessons \$65; 4 wk \$260; 6 wk \$390; 8 wk \$520 Tuition assistance and family discounts available.

**Dates:** April through November riding sessions

**Criteria:** Must have the ability to ride

**Activities:** Recreational adaptive horseback riding for adults and children (3 and up) with special needs.

**Wheelchair Accessible:** Yes

**Website:** www.lothlorientrc.org

## **Ice Skating**

### **Gliding Stars of WNY**

**Email:** infogs@glidingstars.org **Phone:** (716) 608-8345

**Address:** 911 Robins Drive, Niagara Falls 14301

**Ages:** 18 months+

**Cost:** Contact for cost (OPWDD Eligible)

**Dates/Time:** Northtowns - Hyde Park Ice Pavilion in Niagara Falls - Sundays, 4:30 to 6pm; Southtowns - Leisure Rinks in West Seneca, Saturdays 2:30 to 4 pm.

**Criteria:** Gliding Stars is a non-profit organization that provides adaptive ice skating programs to individuals of all ages with physical, mental, and/or emotional challenges.

**Activities:** Adaptive Ice Skating Program that serves individuals with disabilities in WNY. Nationwide including chapters in OH, PA, NY and FL.

**Wheelchair Accessible:** Yes

**Website:** www.glidingstars.org/gliding-stars-wny/

### **Buffalo Sabres Sled Hockey**

**Contact:** Matthew Murray **Phone:** (716) 704-5355

**Address:** Northtown Center, Amherst or Cornerstone Arena, Lockport, or Buffalo State Arena **Ages:** 5 and up

**Cost:** check website for current information **Dates:** September through March

**Time:** Saturdays and Sundays with travel for games and tournaments

**Criteria:** Must be able to sit upright

**Activities:** Alternative style of hockey for those with disabilities is played on a sled with the same rules of ice hockey.

**Wheelchair Accessible:** Yes

**Website:** www.buffalosabressledhockey.org

## **Buffalo Sabres Thunder Ice Hockey**

**Contact:** Michael Steffan

**Email:** bsthockey2008@gmail.com

**Phone:** (716) 691-4530

**Address:** North Buffalo Rink, 156 Tacoma Avenue, Buffalo 14216

**Ages:** Dependent on skating ability and experience

**Cost:** \$100 fee

**Dates:** October - April

**Criteria:** To play hockey for the Buffalo Sabres Thunder, a player should be comfortable skating on ice and be able to feel comfortable in the use of the protective hockey equipment. Previous skating experience is recommended.

**Activities:** Provides individuals with developmental disabilities the unique opportunity to play ice hockey. A coed, non-checking ice hockey team with individuals who love hockey and have some ice skating experience.

**Wheelchair Accessible:** Yes

**Website:** [www.wnyspecialhockey.com](http://www.wnyspecialhockey.com)

## **Cornerstone Ice Arena**

**Phone:** (716) 438-7698

**Address:** 1 Grigg Lewis Way, Lockport 14094

**Ages:** all ages

**Activities:** Offers public skating, learn to skate for adults and kids, figure skating, sled hockey, youth and adult hockey and ice bumper cars.

**Website:** [cornerstoneicearena.com](http://cornerstoneicearena.com)

## **Martial Arts**

### **Master Khechens Martial Arts Academy**

**Contact:** Kevin Wright

**Email:** [wright@buffalokicks.com](mailto:wright@buffalokicks.com) **Phone:** 716-648-3668

**Address:** Various locations - Buffalo, Cheektowaga, Hamburg, Niagara Falls and Williamsville **Ages:** 3+

**Cost:** Please contact for more information.

**Criteria:** Can work with individuals with behavior needs and disabilities.

**Activities:** Master Khechen's Martial Arts Academy offers cutting edge martial arts, self-defense and fitness classes in the Buffalo, NY and Charlotte, NC areas. We have programs and classes to suit all ages from our Preschoolers and Children's Martial Arts classes, to our Teen and Adult Kickboxing and Self Defense classes. Our exciting programs, motivated instructors and professional facilities are the reason why hundreds of families have made us Western New York's top Martial Arts Training Center.

**Website:** <https://masterkhechen.com/>

**We are transforming communities to  
include everyone by partnering with  
people with disabilities, their families and  
those who support them.**

**starbridgeinc.org.**



## Multiple Sports

### Challenged Athletes Participating in Sports (CAPS)

**Email:** zero7kevin@verizon.net

**Phone:** (716) 418-3698

**Address:** 240 Glencove Rd., Town of Tonawanda 14223

**Ages:** All ages

**Criteria:** The season begins with baseball in May and runs until September, ending with a banquet. We then start our Fall/Winter session starting with The Fundamentals of Football. We then move indoors at the Boys & Girls Club for soccer, hockey and basketball.

**Activities:** We have been operating as Challenger Baseball since 1990, but have expanded to other sports.

**Wheelchair Accessible:** Yes

**Website:** [www.capswny.com](http://www.capswny.com)

### Cheektowaga Adapted Recreation Program

**Contact:** Amy McMahon

**Email:** [yservices@tocny.org](mailto:yservices@tocny.org) **Phone:** (716) 897-7207

**Address:** 275 Alexander Ave., Buffalo 14211

**Ages:** 5-21 (Developmental); 5-16 (Learning)

**Cost:** Various; Rates are OPWDD eligible **Dates:** October through May

**Criteria:** Youth with developmental disabilities between ages 5-21, and youth with learning disabilities ages 5-16.

**Activities:** A variety of adapted recreational activities and social opportunities for youth with developmental and learning disabilities.

**Website:** <https://tocny.org/departments/youth-recreational-services/>

### Greater Buffalo Adaptive Sports (formerly The Sled Hockey Foundation)

**Contact:** Norm Page, President

**Email:** [community@greaterbuffloadaptivesports.org](mailto:community@greaterbuffloadaptivesports.org)

**Phone:** (716) 984-2585

**Address:** 9 Sagebrush Lane, Lancaster 14086

**Ages:** Youth, Adults and Veterans

**Criteria:** Youth, Adults and Veterans welcome. Sports include Sled Hockey, Lacrosse, Curling, Tennis and wheelchair football.

**Activities:** Greater Buffalo Adaptive Sports was formed to provide adults and children with physical, developmental, and intellectual disabilities with the opportunity to participate in sports, make friends, and grow. Now, we offer a variety of programs, always looking to expand and to serve a new group of athletes.

**Wheelchair Accessible:** Yes

**Website:** [greaterbuffloadaptivesports.org](http://greaterbuffloadaptivesports.org)

## **SABAH**

**Email:** info@sabahinc.org

**Phone:** (716) 362-9600

**Address:** 2607 Niagara Street, Buffalo 14207

**Criteria:** SABAH continues to be dedicated to the mission of enriching the quality of life for individuals challenged by physical, cognitive, and/or emotional disability by providing education and therapeutic recreation, promoting fitness, and developing social and

**Activities:** Adaptive Ice Hockey, Ice Skating, Summer Skates, Fit & Fun for Adults with Disabilities, Summer Athletes Bold at Heart and other events. Check website for more detail.

**Wheelchair Accessible:** Yes

**Website:** www.sabahinc.org

## **YMCA Challenger Sports - Genesee County Sports**

**Contact:** Emily Hirsch

**Email:** ehirsch@glowymca.org

**Phone:** (585) 344-1664

**Address:** 211 East Main Street, Batavia 14020

**Ages:** ages 5-21

**Cost:** \$25

**Activities:** Challenger Sports is a program for kids ages 5-21 with both physical and learning disabilities. The YMCA sensed there was a need in the community for a sports program for kids with disabilities.

**Website:** glowymca.org/programs/sports/challenger-sports/

## **Young Athletes Program - Special Olympics Western Region**

**Contact:** Daniel Kuberka

**Email:** dkuberka@nyso.org

**Phone:** (716) 580-3346

**Address:** 2821 Wehrle Drive, Suite 7, Williamsville 14221

**Ages:** up to age 7

**Activities:** A sport and play program for children with and without intellectual disabilities (ID), up to age 7. It introduces basic sport skills and offers families, teachers, caregivers and people from the community the chance to share the joy of sports with all children.

**Website:** www.specialolympics-ny.org/regions/western/

## Rock Climbing

### Niagara Climbing Center

**Email:** [climbing@niagaraclimbingcenter.com](mailto:climbing@niagaraclimbingcenter.com)

**Phone:** (716) 695-1248

**Address:** 1333 Strad Avenue, North Tonawanda 14120

**Cost:** Starting at \$25 for a day pass; \$10 for kids under 5 years old. \$5 Shoe rental required. Monthly passes are discounted.

**Date/Time:** Mon-Fri 4pm-10pm, Saturdays 10am-10pm, Sundays 12pm-6pm

**Activities:** Stretch your mind and body in a controlled and fun indoor rock climbing environment. Niagara Climbing Center can bring the 24 foot high portable climbing wall to you. Professionally trained staff is provided by the Center. Yoga program and training program available as well. Check website for more details.

**Wheelchair Accessible:** Yes

**Website:** [www.niagaraclimbingcenter.com](http://www.niagaraclimbingcenter.com)

## Running

### RACIN! Rollin' Athletic Club Inclusion Network

**Email:** [frank.a.cammarata@erie.gov](mailto:frank.a.cammarata@erie.gov)

**Phone:** (716) 858-6233

**Address:** 95 Franklin Street - Rm 625, Buffalo 14202

**Ages:** All ages

**Criteria:** For athletes with impairments that need extra support to run.

**Activities:** The mission of RACIN! Is to improve the physical, social and emotional lives of people with developmental disabilities through regular physical activity and involvement in the local racing scene. Together, we run, walk and roll!

**Wheelchair Accessible:** Yes

**Website:** [www.buffaloracin.org](http://www.buffaloracin.org)

## Scuba Diving

### Phoenix SCUBA & Water Sports

**Email:** [dive@phoenixscuba.com](mailto:dive@phoenixscuba.com) **Phone:** (716) 939-3889

**Address:** 619 Ridge Road, Lackawanna 14218

**Date/Time:** Tues-Fri 2pm-6pm, Saturdays 10am-2pm

**Activities:** Adaptive SCUBA Diving for the physically disabled with cognitive challenges.

**Wheelchair Accessible:** Yes

**Website:** [www.phoenixscubabuffalo.com](http://www.phoenixscubabuffalo.com)



## Skiing

### Bill Lounsbury Adapted Ski Program

**Email:** [info@lounsburyadaptive.org](mailto:info@lounsburyadaptive.org)

**Phone:** (716) 699-3504 (ski season only)

**Address:** 6557 Holiday Valley Road, Ellicottville 14731

**Ages:** 5+ **Cost:** 2 hour lesson is \$100

**Dates:** December 26th through mid-March (The Penguin Paddle is in February)

**Criteria:** Call for details; cost includes lift ticket, two hours of private instruction and equipment use

**Activities:** Adapted ski programs for physically and mentally challenged individuals. We can accommodate a wide variety of disabilities, including people with wheelchairs.

**Wheelchair Accessible:** Yes

**Website:** [lounsburyadaptive.org](http://lounsburyadaptive.org)

### Buffalo Ski Club

**Phone:** (716) 941-5654

**Address:** 7414 State Road, Colden 14033

**Ages:** varies

**Cost:** Grow membership \$500 annually, Play membership \$1000 annually

**Dates:** seasonal

**Time:** sat-sun 9am-4pm

**Activities:** Buffalo Ski Club brings together three ski areas — Sitzmarker Ski Club, Ski Tamarack and Buffalo Ski Club—and covers 300 acres with 43 trails ranging in terrain from expert to beginner.

**Website:** [www.buffaloskicenter.com](http://www.buffaloskicenter.com)

### Hills Angels Adaptive Snow Sports Program

**Email:** [office@buffaloskiclub.com](mailto:office@buffaloskiclub.com)

**Phone:** (716) 941-5654

**Address:** Buffalo Ski Club

PO Box 608 (Mail Only), Orchard Park 14127

**Cost:** 7 week sessions - \$300 members, \$400 non members

**Dates:** Saturdays and Sundays

**Criteria:** Join the Hills Angels adaptive coaches for two hour sessions designed for children and adults with physical disabilities and developmental delays.

**Activities:** Staff work with participants and their companions to tailor sessions to the skier or snow boarders needs. Our goal is to train participants and companions with the skills to ski independently.

**Website:** <https://www.buffaloskicenter.com/hills-angels/>

## **Holimont's Phoenix Adaptive Program**

**Email:** snowsports@holimont.com

**Phone:** (716) 699-8159

**Address:** Holimont - 6921 Route 242, Ellicottville 14731

**Cost:** Various (Lift and equipment rentals)

**Dates:** Lessons offered during the season, open to members and non-members, a special 4-day Christmas Camp

**Time:** Various, Single lessons offered Saturdays and Sundays

**Criteria:** Adaptive ski/snowboard program focusing on the instruction and guidance for adults and children with disabilities.

**Activities:** Staffed by dedicated volunteers and trained instructors, this program provides a safe, compassionate skiing environment. Each student is matched up with an instructor and a volunteer.

**Wheelchair Accessible:** Yes

**Website:** <https://holimont.com/programs/phoenix-adaptive/>

## **Kissing Bridge Adaptive Ski Program**

**Phone:** (716) 592-4963 ext 2230

**Address:** 10296 State Road, Glenwood, NY 14069 **Ages:** all ages

**Cost:** seasonal passes and lessons offered, prices vary

**Time:** Tues-Wed 10am-9pm, Thu-Fri 10am-10pm, Sat 8am-10pm, Sun 8am-8pm

**Activities:** Kissing Bridge has 39 slopes across 700+ acres. There's terrain that caters to all skill levels, from beginner to intermediate riders, plus several challenging slopes for expert levels. Our nine lifts provide the opportunities to explore the hillside trails and shred through several terrain parks.

**Website:** [www.kbski.com](http://www.kbski.com)

## **Soccer**

### **Soccer Shots Empower Program**

**Email:** [buffalo@soccershots.com](mailto:buffalo@soccershots.com) **Phone:** (716) 408-3071

**Address:** 225 Delaware Avenue, Buffalo 14202

**Ages:** ages 2-8 **Cost:** Programs start at \$136

**Dates:** Check website for different locations, pricing, and time frames.

**Time:** seasonal

**Activities:** Soccer Shots offers three core programs to meet the developmental needs of children ages 2 to 8. It's way more than just learning the game of soccer. We aim to build character, skills and confidence while also having a whole lot of FUN. We're committed to providing safe, positive experiences through the game of soccer.

**Website:** [www.soccershots.com/buffalo/](http://www.soccershots.com/buffalo/)

## **West Seneca Soccer Club**

**Contact:** David Milazzo

**Email:** [dmilazzo@westsenecasoccer.org](mailto:dmilazzo@westsenecasoccer.org)

**Address:** 3747 Seneca Street, West Seneca 14224

**Ages:** 4 and older

**Cost:** Contact program

**Time:** May-August

**Activities:** Our House League program is a recreational soccer program which focuses on learning the game of soccer and developing skills through training and game play.

**Website:** <https://westsenecasoccer.org/house-league/>

## **Softball**

### **Touching Bases Softball League**

**Contact:** Brenda Christopher

**Email:** [bc.touchingbases@gmail.com](mailto:bc.touchingbases@gmail.com)

**Address:** Walden Pond Park, Lancaster

**Ages:** 18+

**Cost:** \$50 for the season and it includes the team uniform, a hot dog roast party, end of the year banquet and a trophy.

**Dates:** July 31st - August 29th, Monday and Tuesday evenings

**Time:** 6-8 pm

**Activities:** We are a co-ed softball league made up of amazing adults with a wide variety of disABILITIES.

## **Swimming**

### **Au-Some Swimmers**

**Email:** [info@jccbuffalo.org](mailto:info@jccbuffalo.org)

**Address:** Jewish Community Center of Greater Buffalo

**Cost:** Offers private or group lessons.

**Time:** Check website for details by event

**Criteria:** A learn to swim program for children with autism spectrum disorders.

**Activities:** The JCC of Greater Buffalo is proud to serve the WNY Community by organizing swim programs for numerous groups, including our Au-Some swim lesson program for children with special needs.

**Website:** [jccbuffalo.org](http://jccbuffalo.org)

### **Clarence Learn to Swim Adaptive Program**

**Email:** [clarencadaptiveswim@gmail.com](mailto:clarencadaptiveswim@gmail.com)

**Address:** Either at Clarence Middle or Clarence High Schools, Clarence

**Ages:** 4-9 (Level; one); 8-16 (Level two)

**Cost:** Approximately \$17 per class paid up front.

**Dates:** Fall (Sept-Nov), Winter (Jan-March), Spring (April-June), Summer (July-Aug roughly 4-5 weeks)

**Criteria:** Check back in the fall, as the program is on hold until then.

**Activities:** Adaptive Learn-to-Swim is reserved for children with a classified disability or significant medical condition. These lessons are open to the public, no significant paperwork is required. Coach Becca may reach out for more information on your child.

**Website:** <https://www.gomotionapp.com/team/cmnyccsc/page/faqs/program-descriptions>

### **Niagara Aquatics Adaptive LTS**

**Email:** [danielleandalora@gmail.com](mailto:danielleandalora@gmail.com)

**Phone:** (716) 857-0755

**Address:** Sweet Home High School, 1901 Sweet Home Road, Amherst 14228

**Ages:** all ages

**Cost:** Call for pricing

**Dates:** call for more information

**Criteria:** Our mission is to teach children with special needs how to be safe in the water.

**Activities:** Adaptive swim classes

**Website:** [niagaraaquatics.com](http://niagaraaquatics.com)

### **WNY Adaptive Water Sports**

**Email:** [adrienne@thechampionprojectwny.com](mailto:adrienne@thechampionprojectwny.com)

**Phone:** (716) 364-8219

**Address:** 3621 Stony Point Road, Grand Island 14072

**Cost:** No charge however, some SCUBA instruction may have associated fees and donations are graciously accepted.

**Criteria:** All of our activities are open to people with a physical or mental disability as well as their families and/or caretakers.

**Activities:** Programs include Sailing, Paddling (Kayak and Canoe), Waterskiing (including Tubing, boating, and a day at the beach), SCUBA and Fishing.

**Website:** <https://wnyadaptivewatersports.org/>

## SUMMER PROGRAMMING - Camps

### Camp Abilities

**Contact:** Lauren J. Lieberman

**Email:** campabilitiesbrockport01@gmail.com

**Phone:** (585) 395-5361

**Address:** 350 New Campus Drive, Brockport 14420

**Ages:** various

**Cost:** Summer camp

**Dates:** June 31-July 1st

**Activities:** Empower children and teens with visual impairments to be physically active and productive members of their schools, towns, cities, and communities, as well as to improve the health and well-being of people with sensory impairments.

**Wheelchair Accessible:** Yes

**Website:** [www.campabilities.org](http://www.campabilities.org)

### Camp Eagr

**Phone:** (585) 442-4430 Ext. 2741

**Address:** YMCA Camp Kenan, Barker

**Ages:** 8-17 and siblings

**Cost:** Overnight Camp-\$750 with scholarships available; Day Camp \$265; \$35 registration fee

**Dates:** July 20-26, 2025 - overnight camp; July 21 - 25, 2025 Day Camp

**Criteria:** Registration on website

**Activities:** Children from all over the Northeast, regardless of their seizure control, can experience a camp complete with swimming, hiking, canoeing, arts and crafts, nature, wall climbing and horseback riding with other kids with epilepsy.

**Website:** <https://www.epiny.org/epilepsy/camp-eagr/>

### Camp Get-A-Way (Camp Bristol Hills)

**Email:** [hello@cgaw.org](mailto:hello@cgaw.org)

**Address:** 4437 Kear Road, Canandaigua 14424

**Ages:** families of all ages

**Criteria:** Offering Day and Overnight sessions for families to connect and recharge.

**Activities:** We know that living with mental, emotional, and behavioral health challenges can feel overwhelming and waitlists for services are long. Our day camp sessions offer the perfect space for your family to experience a taste of the help, hope, and fun of Camp Get-A-Way.

**Website:** [www.cgaw.org](http://www.cgaw.org)

## **Camp Turner**

**Contact:** John Mann

**Email:** [campturner@olvcharities.org](mailto:campturner@olvcharities.org) **Phone:** (716) 354-4555

**Address:** PO BOX 264, (9150 ASP 3), Salamanca 14779 **Ages:** 7-16

**Cost:** Starts at \$399; different sessions offered. Financial assistance through [www.friendsofcampturner.org](http://www.friendsofcampturner.org)

**Dates:** July to Mid August; registrations open in December of the prior year

**Activities:** Camp Turner offers a traditional overnight camping program for boys and girls from ages 7 – 16. The camp is located the gorgeous, pastoral hills of Allegany State Park in the woods amidst pristine streams and lakes.

**Wheelchair Accessible:** Yes

**Website:** [www.campturner.com](http://www.campturner.com)

## **Cheektowaga Summer Day Camps**

**Email:** [yrservices@tocny.org](mailto:yrservices@tocny.org) **Phone:** (716) 344-3960

**Address:** 275 Alexander Avenue, Buffalo 14211

**Ages:** 4-12, teen club 13-15

**Cost:** Chktg res. \$960/ 6 wks or \$175/ wk, Non-res. \$1195/ 6 wks or \$246/ wk; OPWDD Eligible

**Dates:** July - August (Monday - Friday) **Time:** 8:30 am - 3:30 pm

**Criteria:** Limited availability for one-on-one assistance.

**Activities:** Six week Integrated Day Camp and Teen Club at Alexander Community Center, Neighborhood Day Camp at Dartwood Community Center.

**Wheelchair Accessible:** Yes

**Website:** [tocny.org](http://tocny.org)

## **Cradle Beach Camp**

**Contact:** Gabriele Clark

**Email:** [gclark@cradlebeach.org](mailto:gclark@cradlebeach.org)

**Phone:** (716) 549-6307 ext. 206

**Address:** 8038 Old Lake Shore Road, Angola 14006 **Ages:** 8-16

**Cost:** Based on family income/sliding fee scale

**Dates:** July - August (sessions vary in length)

**Criteria:** Children must be able to take care of personal needs

**Activities:** Residential camp designed for children with disabilities and those who come from economically disadvantaged backgrounds. Provides a healthy environment and organized activities to promote socialization, self-worth, and decision making.

**Wheelchair Accessible:** Yes

**Website:** [www.cradlebeach.org](http://www.cradlebeach.org)

## **Maker's Art Camp**

**Email:** makersartcamp@gmail.com

**Address:** 5138 Lower Mountain Road, Lockport 14094

**Ages:** 5 - 16 years

**Cost:** \$225 per child for the week; \$45 per child per day for one day only art camp

**Dates:** Camp Week Ages 5-8 - July 21 - July 24; 9-12 July 28-31. One Day Art Ages 5-10, July 21 and July 28; Ages 11-16 July 22 and July 29

**Time:** 8 am to 12 pm week camps; 1-4 pm day camp

**Criteria:** Space is limited!

**Activities:** To provide a summertime space for kids to explore their imagination while learning new art skills. Children will practice with many different art materials, techniques, and styles. One day art camps available

**Website:** <https://www.makersartcamp.com/>

## **Summer Programming and Kindergarten Readiness Classes & Camps Associated Physical & Occupational Therapists**

**Contact:** Katie Konrad

**Email:** kkonrad@apot-wny.com

**Phone:** (716) 874-6175

**Address:** 3767 Delaware Road, Kenmore 14217

**Cost:** Summer Camp is \$375 per week; Kindergarten Readiness Classes offered free

**Dates:** Check website for more details

**Time:** Mon-Fri 9am-4:30pm

**Criteria:** Summer programming, kindergarten readiness and parent education

**Activities:** APOT is a local, women-owned, therapist-owned PT & OT organization working with kids across WNY. In addition to PT and OT therapies, kindergarten readiness and parent education groups, and summer programs are available.

**Wheelchair Accessible:** Yes

**Website:** <https://www.apot-wny.com/services>

## VACATIONS

### Exceptional Vacations

**Phone:** (866) 748-8747

**Address:** 9070 Kimberly Blvd., Suite 50, Boca Ration, FL 33434

**Ages:** all ages

**Cost:** check website for events and pricing

**Dates:** varies by event

**Time:** varies by event

**Criteria:** Exceptional Vacations Provides High Quality Vacations for Individuals with Developmental Disabilities and Other Special Needs.

**Activities:** We provide a wonderful opportunity for personal growth, normalization and socialization in a safe and fun atmosphere. We have professional staff committed to providing our travelers with the experience of a lifetime.

**Wheelchair Accessible:** Yes

**Website:** [www.exceptional-vacations.com](http://www.exceptional-vacations.com)

### New Directions Travel

**Email:** [hello@newdirectionstravel.org](mailto:hello@newdirectionstravel.org)

**Phone:** (805) 967-2841

**Address:** 5276 Hollister Ave., Suite 207, Santa Barbara, CA 93111

**Activities:** New Directions for people with disabilities, inc. (New Directions Travel) is a non-profit organization providing leisure and educational travel opportunities for adults who have mild to moderate intellectual and or developmental disabilities.

**Website:** [www.newdirectionstravel.org](http://www.newdirectionstravel.org)

### People and Places

**Email:** [vacations@people-and-places.org](mailto:vacations@people-and-places.org)

**Phone:** (716) 937-1813

**Address:** P O Box 117, Marilla NY 14102

**Ages:** Age 18 and older

**Cost:** Varies

**Criteria:** We provide small group, year-round vacation opportunities for persons with developmental and intellectual disabilities. On each trip eight vacationers travel the world along with two People and Places escorts.

**Activities:** We encourage adults with developmental and intellectual disabilities to realize their potential as individuals.. to grow.. to change.. and to experience a life with a full range of opportunities.

**Website:** [www.people-and-places.org](http://www.people-and-places.org)



**Search Beyond Adventures**

**Phone:** (800) 800-9979

**Address:** 4603 Bloomington Avenue, Minneapolis MN 5405

**Ages:** 18+

**Criteria:** To join Search Beyond Adventures tour participants must be at least 18 years of age and capable of traveling in the community. We are unable to accept people who are medically unstable or physically violent.

**B:** We have five program divisions. Our main Search Beyond Adventures tours is the largest and offers tours all over the world.

**Wheelchair Accessible:** Yes

**Website:** [www.searchbeyond.com](http://www.searchbeyond.com)

**The Guided Tour, Inc.**

**Email:** [director@guidedtour.com](mailto:director@guidedtour.com)

**Phone:** (215) 782-1370

**Address:** 7900 Old York Road - Ste 111-B, Elkins Park, PA 19027

**Ages:** 17+

**Activities:** Men and women with developmental challenges, autism, down syndrome, and other special needs have achieved greater independence through travel experiences provided by The Guided Tour, Inc.

**Wheelchair Accessible:** Yes

**Website:** [www.guidedtour.com](http://www.guidedtour.com)



JOHN R. OISHEI  
Children's Hospital

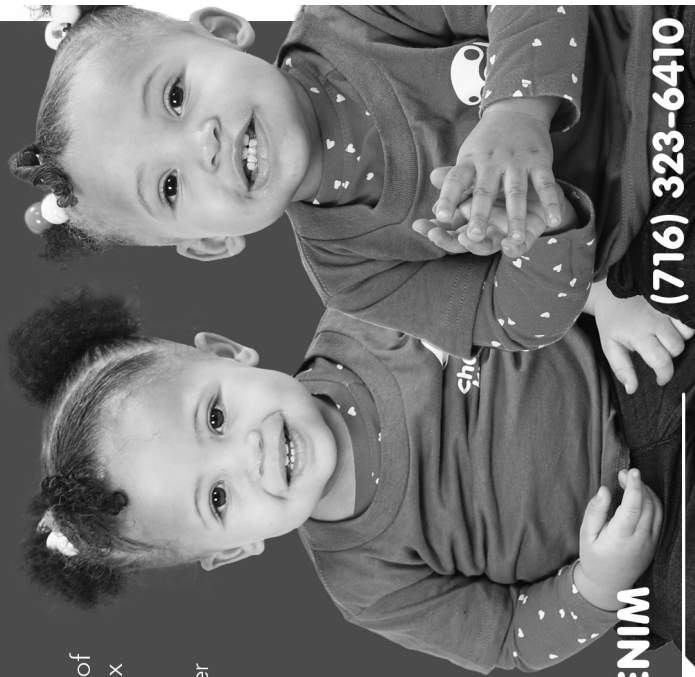
**Robert Warner Center for Developmental  
Pediatrics and Rehabilitation**

We work together with families to ensure a positive quality of life for children with developmental disabilities and complex healthcare needs. **Some of our programs include:**

The Children's Guild Foundation Autism Spectrum Disorder Center  
Aquatic Therapy • Comprehensive Developmental Program  
Down Syndrome Program • Early Developmental Program  
Feeding Program • Occupational Therapy  
**...and more!**

# FOR

**KIDS LIKE DREAM AND DENIM**



**(716) 323-6410**

## USEFUL WEBSITES

[www.parentnetworkwny.org](http://www.parentnetworkwny.org)

The Parent Network of Western New York

[www.erie.gov/ecod](http://www.erie.gov/ecod)

Erie County Office for People with Disabilities

[www.buffaloplace.com](http://www.buffaloplace.com)

The Buffalo Place

[www.beenews.com](http://www.beenews.com)

The Bee News

[www.iloveny.com](http://www.iloveny.com)

I Love New York

[www.ddawny.org](http://www.ddawny.org)

The Developmental Disabilities Alliance of Western New York

Find the help you need throughout Western New York.

Use our search form to filter results by keywords, and/or location.

[211wny.org](http://211wny.org)

*Thank you for Exhibiting!*

Help Me Grow

Danceability

Reinstein Woods Nature Preserve

Prime Care Coordination

Starbridge

Cradle Beach

Person Centered Services

New York Deaf Blind Collaborative

SABAH

Associated Physical & Occupational Therapists

Child Care Resource Network

*Thank you*

Flutie Foundation

Northtowns

Oishei Children's Hospital

*For your Sponsorships!*

[illegible]



## **Recreation & Leisure Service Directory Changes, Additions and Deletions**

The Recreation & Leisure Directory is a resource for individuals with disabilities and families. This directory is intended to assist users in finding physical, social and creative opportunities to enrich one's life.

Programs included in this directory are well known in the WNY community but have not been personally verified as to their quality. It is best to call the program with any specific questions. Parent Network of WNY maintains the Recreation & Leisure Directory which is distributed to families, individuals and service providers.

Please send any changes, additions or if the program is no longer in service to [admin@parentnetworkwny.org](mailto:admin@parentnetworkwny.org).

Thank you!





**Everyone relies on someone  
who relies on child care.**



Call Child Care Resource Network for  
your child care needs at 716-877-6666

[wnychildren.org](http://wnychildren.org)

@WNYChildren

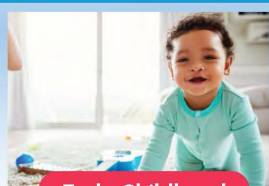


**Support · Educate · Connect · Empower**



**We support families and professionals who empower individuals with disabilities to reach their full potential through education and resources.**

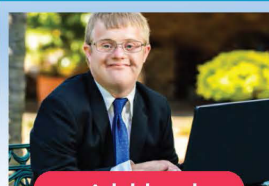
*We understand the needs of families for every milestone; from early childhood and school age development, to adulthood.*



Early Childhood



School Age



Adulthood

**parentnetworkwny.org**

 ParentNetwork  PNWNY

